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## **Mini Review: Cancer Immunotherapy with T-cell targeting cytokines: IL-2 and IL-7**

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### **ABSTRACT**

Clinical trials have demonstrated that an increased number of effector cells, especially tumor-specific T cells, is positively linked with patients' prognosis. Although the discovery of checkpoint inhibitors (CPIs) has led to encouraging progress in cancer immunotherapy, the lack of T cells, the target for CPIs, is a limitation for patients with poor prognosis. Since interleukin (IL)-2 and IL-7 are cytokines that target many aspects of T-cell responses, they have been used to treat cancers. In this review, we focus on the basic biology of how these cytokines regulate T-cell response and on the clinical trials using the cytokines against cancers. Further, we introduce several recent studies that aim to improve cytokines' biological activities and find the strategy for combination with other therapeutics.

### **INTRODUCTION**

Active research on cancer immunotherapy has shown that T cells play the most important role in anti-cancer immunity. To eliminate cancer cells, T-cell responses proceed step by step along the cancer-immunity cycle (1). Initially, tumor antigens need to be properly presented

by dendritic cells (DCs) to prime and activate tumor-specific T cells. The activated T cells then move in the tumor bed followed by recognition of cognate antigens. After an encounter with an antigen, the tumor-specific T cell should properly induce effector functions. Finally, if this cycle lasts long enough to keep its optimal condition, patients may be able to avoid cancers.

Indeed, not only T cells but also almost all types of immune cells can be found within a distinct tumor microenvironment (TME) that differs between individual patients depending on the cancer types, disease progression, and conditions of immunity (2). Nevertheless, meta-analyses of clinical studies have demonstrated that strong tumor infiltration of effector immune cells, especially CD8<sup>+</sup> T cells, are clearly associated with good prognosis and clinical outcomes. The problem is that not all patients have a good immunological status with enough effector T cells. Some clinical data have epidemiologically shown that T-cell counts are highly associated with cancer incidence (3). Furthermore, lymphopenia has been frequently observed in cancer patients with poor prognosis, although it is still not clear whether the lymphopenia is a cause or an effect.

The common cytokine-receptor gamma chain ( $\gamma_c$ ) cytokines are important regulators of the immune system by exhibiting pleiotropic roles in both innate and adaptive immune cells (4). These cytokines consist of diverse interleukins (ILs): IL-2, IL-4, IL-7, IL-9, IL-15, and IL-21. Among them, IL-2 and IL-7 have been long and widely used for inducing the development and proliferation of T cells. In general, IL-2 acts as a 'stimulus' to induce activation of T-cell responses, whereas IL-7 acts as an 'expander' to increase the number of T cells, which have been more widely used to overcome the lymphopenia derived from chronic viral infections rather than from cancer. In this review, we summarize the biology of the cytokines and their clinical uses against cancer.

## 1. Biology of IL-2

IL-2 is a 15.5-kDa glycoprotein that was first identified as a T-cell growth factor in 1976 (5). IL-2 is predominantly produced by activated CD4<sup>+</sup> helper T (T<sub>H</sub>) cells in secondary lymphoid organs and to a lesser extent by activated CD8<sup>+</sup> T cells, natural killer (NK) cells, natural killer T (NKT) cells, and DCs. IL-2 stimulates downstream signals in target immune cells by binding to the IL-2 receptor (IL-2R) that has either 2 or 3 subunits, including the cytokine-specific IL-2R $\alpha$  (also known as CD25), IL-2R $\beta$  (also known as CD122), and IL-2R $\gamma$  (also known as CD132 or more frequently as  $\gamma_c$ ). IL-2R $\beta$  is shared with IL-15, and  $\gamma_c$  is shared with IL-4, IL-7, IL-9, IL-15, and IL-21. IL-2R $\beta$  and  $\gamma_c$  constitute an intermediate-affinity dimeric IL-2R $\beta\gamma$  (dissociation constant ( $K_d$ )  $\approx 10^{-9}$  M), whereas all 3 subunits make up a high-affinity trimeric IL-2R $\alpha\beta\gamma$  ( $K_d \approx 10^{-11}$  M) (6). Although IL-2R $\alpha$  by itself is also a low-affinity monomeric IL-2R ( $K_d \approx 10^{-8}$  M), it does not induce a signal but seems to support the binding of IL-2R $\beta\gamma$  for IL-2 (6, 7). Although the IL-2R $\beta$  is expressed on memory CD8<sup>+</sup> T cells at higher levels than on memory CD4<sup>+</sup> T cells, these cells are relatively unresponsive to the physiological levels of IL-2, but become sensitive to the high amounts of IL-2 that are generally induced by the administration of exogenous IL-2 (8, 9). The high-affinity trimeric IL-2R $\alpha\beta\gamma$  is predominantly expressed on immunosuppressive CD4<sup>+</sup>Foxp3<sup>+</sup> regulatory T (T<sub>REG</sub>) cells via constitutive expression of IL-2R $\alpha$  at high levels, whereas other T subsets transiently upregulate IL-2R $\alpha$  after activation following T-cell receptor (TCR) stimulation (10).

IL-2 plays a critical role in the regulation of CD4<sup>+</sup> T-cell immunity. It promotes polarization and survival of the T<sub>H</sub>1, T<sub>H</sub>2, T<sub>H</sub>9, and T<sub>REG</sub> cells, but inhibits generation of T<sub>H</sub>17 and follicular helper T (T<sub>FH</sub>) cells by regulating STAT5 downstream signaling (11-15). Mice lacking IL-2, IL-2R $\alpha$ , or IL-2R $\beta$  develop systemic autoimmunity and enlargement of

peripheral lymphoid organs associated with the polyclonal expansions of T and B cells (16-18). The autoimmune disorders can be prevented by the adoptive transfer of T<sub>REG</sub> cells, suggesting that IL-2 signaling contributes greatly to the immune regulation of T<sub>REG</sub> cells (19, 20). Indeed, IL-2 signaling is essential for the homeostasis of T<sub>REG</sub> cells but not for the early development and suppressor function of the cells (21). IL-2 also controls the differentiation and expansion of CD8<sup>+</sup> T cells. After TCR stimulation, antigen-specific CD8<sup>+</sup> T cells rapidly upregulate IL-2R $\alpha$  expression within 3 days and then become effector T cells expressing different levels of IL-2R $\alpha$  coupled with the reciprocal signal strength of IL-2. Whereas cells receiving strong IL-2 signaling differentiate toward short-lived terminal-effector cells mediated by the induction of B-lymphocyte-induced maturation protein 1 (BLIMP1), cells receiving low IL-2 signaling upregulate IL-7R $\alpha$  (also known as CD127) and CD62L expressions displaying a phenotype of long-lived memory cells (22, 23). Persistent stimulation of TCR with IL-2 signals not only increases cytotoxic activities of activated CD8<sup>+</sup> T cells but also promotes apoptosis of the cells by activation-induced cell death via the expression of the death-receptor FAS (also known as CD95) and its ligand, CD95L (24). This process is very important in maintaining the self-tolerance of overactive T cells. Since IL-2 plays the pleiotropic roles in T-cell homeostasis, the administration of recombinant IL-2 was evaluated in several clinical trials for the treatment of cancers in diverse dose ranges and therapeutic schedules.

## **2. Therapeutic approaches of IL-2 against cancer**

IL-2 immunotherapy was evaluated in several clinical trials because of its ability to expand and activate cytotoxic effector cells. The administration of high-dose IL-2 in bolus doses achieved effective objective regressions of metastatic cancers; however, severe side effects were seen in patients, including fluid retention, organ dysfunction, hypotension, and

treatment-related deaths. The toxicities were directly related to the dose of IL-2 administered (25-27). In 255 patients with metastatic renal-cell carcinoma (mRCC), IL-2 therapy achieved 14% of overall objective response rate (ORR) with 5% complete responses (CRs) and 9% partial responses (PRs). The median response duration of partial responders was 19 months. Although the severe treatment-associated toxicities were still observed in the patients, the U.S. Food and Drug Administration approved high-dose bolus IL-2 as a single agent in 1992 after the demonstration of durable responses in mRCC patients (28). In 1998, IL-2 was also approved for the treatment of metastatic melanoma (MM) by demonstrating durable responses of 16% ORR with 6% CRs, 10% PRs, and 5.9 months median response duration among 270 patients with MM (29). Continuous infusions of low-dose IL-2 were also evaluated for up to 3 months. This regimen showed positive responses by showing selective differentiation and expansion of NK cells without severe toxicities, although cell activation was not observed (30-33). IL-2 administration has also been widely tested in adoptive T-cell therapy with autologous tumor-infiltrating lymphocytes and chimeric antigen receptor T cells (34).

Despite its considerable antitumor efficacy during several clinical trials, IL-2 therapy has still been done carefully because of the severe toxicities induced by the high-dose administration needed to achieve an immune-regulatory effect in tissues. Furthermore, the general limitation of immunotherapy with recombinant proteins is the short half-life and their low, unstable bioactivity. The direct binding of IL-2 to IL-2R $\alpha$ -expressing endothelial cells is considered to induce vascular leak syndrome (VLS), which is associated with the severe vascular failures of high-dose IL-2 immunotherapy (35). Moreover, the expansion of immunosuppressive T<sub>REG</sub> cells might also interfere with the efficacy of high-dose IL-2 immunotherapy (36).

To avoid the strong binding of IL-2 to high-affinity IL-2Rs, one group of researchers

generated IL-2 mutants called IL-2 ‘superkines’ (also called super-IL-2) by increasing their binding affinities for IL-2R $\beta$  (37, 38). The IL-2 superkines showed improved antitumor responses *in vivo* with a superior expansion of CD8<sup>+</sup> T cells and NK cell-mediated cytotoxicity, but also increased T<sub>REG</sub> cells at a lesser proportion. An alternative approach to inhibiting the systemic expansion of T<sub>REG</sub> cells is to generate IL-2 agents that directly target tumor-associated antigens (TAAs). IL-2 targeting several types of TAAs, such as epithelial cell adhesion molecules (EpCAM), carcinoembryonic antigens (CEA), and CD20, has been presented in a wide range of clinical trials (39). Currently, targeting the tumor extracellular matrix (ECM) proteins is also considered a good targeting strategy. Since collagen within tumor tissues is more accessible to collagen-binding proteins in blood than in other tissues because of the leaky vasculature, one group of researchers focused on the targeting of a specific collagen-binding domain (CBD) (40). The IL-2 conjugated with the specific CBD (CBD-IL-2) led to increased antitumor efficacy coupled with increased tumor-infiltrating CD8<sup>+</sup> T cells without systemic toxicity.

In addition to the regulation of IL-2 binding specificity, other approaches were tried to improve the serum half-life and bioactivity of IL-2. One method is to use cytokine complexes that are formed by combining a cytokine with an anti-cytokine antibody or a respective soluble cytokine receptor. Although why the cytokine complexes show increased bioactivity *in vivo* is unclear, IL-2 cytokine complexes with neutralizing antibodies have been most widely used among various cytokines (41). Cell subset targeting by IL-2 complexes is dependent on the clones of neutralizing antibodies. For example, treatment of the IL-2 complex with clone S4B6 antibody increases CD8<sup>+</sup> T cells and NK cells, whereas a complex with clone JES6-1 antibody predominantly expands T<sub>REG</sub> cells (9, 35, 42). Therefore, the conformational difference in the binding site for each antibody is considered to target a particular cell subset depending on its IL-2R affinity. Treatment with IL-2/S4B6 complex

inhibits metastasis of melanoma, and the effects seem to depend on the increased NK cell activity but not on CD8<sup>+</sup> T cells, whereas they are also increased significantly after the treatment (35, 42, 43). Another method is the conjugation of recombinant cytokines with a fragment-crystallizable (Fc) region of the IgG antibody. Since neonatal Fc receptor (FcRn) inhibits degradation of the Fc-fused antibodies and increases their half-lives by capturing the Fc and inducing recycling (44). Recently, treatment with Fc-fused IL-2 increased antitumor responses with the administration of an anti-tumor-antigen antibody (45). The combination therapy induced tumor infiltration of CD8<sup>+</sup> T cells, NK cells, neutrophils, and macrophages. Although T<sub>REG</sub> cells also slightly increased in tumors, that seemed not to affect the therapeutic efficacy. The researchers suggested that the innate immune responses increased by the combination therapy might support T-cell-mediated effector functions and consequentially overcome the immune suppression of the T<sub>REG</sub> cells.

Another group of researchers developed a super mutant IL-2-Fc (also called sumIL-2Fc) by conjugating Fc fragments and introducing mutations to make a stable IL-2 with increased IL-2R $\beta$  binding. SumIL-2Fc showed increased antitumor activity to native IL-2 therapy showing a selective increase of CD8<sup>+</sup> T cells but not of T<sub>REG</sub> cells (46). Polyethylene glycol (PEG) conjugated IL-2 (PEG-IL-2) was also administered to mRCC and MM patients to increase IL-2 persistence; however, it did not increase antitumor activity more than did high-dose IL-2 (47). In 2016, Nektar Therapeutics, a biopharmaceutical company in CA, developed another form of PEGylated IL-2 by conjugating six releasable PEG linkers (also known as NKTR-214 or Bempegaldesleukin) (48). The NKTR-214 was designed as a prodrug showing increased persistence with an inhibited IL-2R $\alpha$  binding because of the location of the PEG chain at the binding interface. Treatment with NTKR-214 induced superior antitumor responses by inducing an increase of CD8<sup>+</sup> T cells and their functionality as a single agent or as combination therapies with vaccination and with checkpoint inhibitors



(48, 49). The recent approaches using IL-2 in cancer therapy are summarized in Figure 1.

### **3. Biology of IL-7**

IL-7 is a 25-kDa glycoprotein that was first discovered in the 1980s and plays pleiotropic roles in the homeostasis of lymphocytes, especially T cells. In general, non-hematopoietic stromal cells in diverse tissues are known as the main producers of IL-7 (50). Most recently, a subset of fibroblastic reticular cells (FRCs) in T-cell zones of lymph nodes was identified as an important cellular source of IL-7 for the homeostasis of peripheral T cells (51). However, the identification of exact sources, whether they are tissues or cell types, needs to be further elucidated, since the expression profiles examined so far remain controversial depending on the study models (52). Moreover, a subset of DCs is also known to produce small amounts of IL-7, whereas the lymphocytes, including T cells, B cells, and NK cells, do not (53).

IL-7R is a heterodimer consisting of 2 subunits, IL-7R $\alpha$  (CD127) complexed with the  $\gamma_c$ . Whereas IL-2R $\alpha$  constructs a high-affinity receptor specific for IL-2, IL-7R $\alpha$  is not specific for IL-7 but is also shared with thymic stromal lymphopoietin (TSLP), which is also important for the thymic development of T cells (54). Therefore, IL-7R $\alpha$ -deficient mice seem to develop the severe tendency of lymphopenia more than IL-7-deficient mice, and mice without both molecules show the phenotype of severe combined immunodeficiency (SCID) (55, 56). IL-7R $\alpha$  is broadly expressed throughout the lymphoid system. IL-7 is a critical factor for the development and maintenance of the diverse range of lymphoid cells, since common-lymphoid progenitor in the bone marrow (BM) also expresses the IL-7R $\alpha$  and develops into the diverse lymphoid populations. Although mature B cells in the periphery lose the expression of IL-7R $\alpha$ , IL-7 is still an important factor for B-cell development by regulating the proliferation and survival of B-cell progenitors in the BM (57). Despite its

essential role in mouse B cells, the requirement of IL-7 in human B-cell development is controversial, since some patients with SCID expressing the mutant IL-7R showed a normal number of B cells (58). Nevertheless, IL-7 has also been implicated as a homeostatic mediator of B-cell progenitors. The importance of IL-7 signaling on T-cell homeostasis is well defined. In the thymus, thymopoiesis proceeds through, in order, the double-negative (DN; CD4<sup>-</sup>CD8<sup>-</sup>), double-positive (DP; CD4<sup>+</sup>CD8<sup>+</sup>), and single-positive (SP) CD4<sup>+</sup> or CD8<sup>+</sup> progenitor cells. IL-7R $\alpha$  is highly expressed in the early stage of DN cells and then downregulated on DP cells followed by re-expression on SP cells. Severe loss of DN cells and immunodeficiency in the absence of IL-7 signaling showed a pivotal requirement of IL-7 for T-cell development (59). Although IL-7 plays a major role in the development of both  $\alpha\beta$  and  $\gamma\delta$  T cells,  $\alpha\beta$  T cells but not  $\gamma\delta$  T cells can be partially restored through the transgenic expression of anti-apoptotic molecules, such as B-cell lymphoma 2 (Bcl2), suggesting that IL-7 signaling is essential for the survival of thymocytes (60-64). Furthermore, IL-7 signaling also regulates  $\beta$ -selection and TCR rearrangement during the DN stage (65). Development of  $\gamma\delta$  T cells seems to depend more on the source of IL-7, since IL-7 deficiency specific for the thymic epithelial cells, but not for intestinal intraepithelial cells, showed a decrease in  $\gamma\delta$  T cells (66, 67). Unlike mature B cells, IL-7R $\alpha$  is highly expressed on the recent thymic emigrants (RTEs), naïve T cells, and memory T cells in the periphery. IL-7R $\alpha$  is also expressed on mouse thymic NK cells (CD11b<sup>-</sup>CD16<sup>-</sup>CD69<sup>hi</sup>Ly49<sup>lo</sup>), which are similar to human CD56<sup>hi</sup>CD16<sup>-</sup> NK cells, showing reduced cytotoxicity but increased production of inflammatory cytokines (68). For DCs, IL-7R $\alpha$  is expressed only on migratory DCs *in vivo*, whereas it is constitutively expressed on BM-derived DCs *in vitro* (69). Although the expression of IL-7R $\alpha$  is restricted to a subset of mature DCs, the development of whole DC subsets is likely to be influenced by IL-7 signaling through the IL-7R $\alpha$ -expressing progenitor

cells in the BM. Furthermore, IL-7-mediated signaling in DCs regulates MHC-II-restricted homeostatic proliferation of CD4<sup>+</sup> T cells (53).

#### **4. Effect on T-cell homeostasis; IL-2 vs. IL-7**

Following thymic export, RTEs induce prolonged survival and proliferate through IL-7 signaling without TCR stimulation (70, 71). However, the survival and differentiation of non-RTE mature T cells depend on signals through TCR as well as cytokines (72, 73). IL-7 would regulate naïve T cells directly **more than IL-2 does** since the expression level of IL-7R $\alpha$  is higher than that of IL-2R $\alpha$ , which is relatively low in naïve T cells. Although IL-7 signaling is required for both survival and proliferation of naïve T cells, the homeostatic proliferation is more remarkable under lymphopenic conditions (74-76). IL-7 is known to regulate the quantity of CD8 co-receptor expressed in a feedback loop to control TCR engagement to self-antigens. Since the only ligands available for T cells are the self-antigens during homeostatic proliferation, IL-7 seems to regulate the proliferation by increasing the weak TCR signaling (77). After TCR stimulation, the recently activated T cells not only increase the expression of IL-2R $\alpha$  but also become a major source of IL-2 themselves (22). With regard to the polarization of CD4<sup>+</sup> T<sub>H</sub> subset differentiation, low expression of IL-7R $\alpha$  defines immunosuppressive T<sub>REG</sub> cells by inversely correlating with the Foxp3 expression, whereas the IL-2 signaling induces the Foxp3 (12, 78, 79). As previously mentioned, the cell-fate decision of CD8<sup>+</sup> T cells is regulated **in a contrary direction** between IL-2 and IL-7 signaling (Figure 2). Whereas the strong IL-2 signaling mediates the differentiation toward terminal effector cells, a subset of activated CD8<sup>+</sup> T cells expressing a high level of IL-7R $\alpha$  display a phenotype of memory T cells (22). In addition to the expression of anti-apoptotic molecules, IL-7 signaling also mediates the long-term survival of T cells by increasing glucose uptake

(80, 81). More recently, it has also been reported that IL-7 specifically controls the longevity of CD8<sup>+</sup> memory T cells by inducing triglyceride synthesis followed by sustained ATP levels (82). Although IL-7 is closer to a 'homeostatic' cytokine than the stimulatory IL-2 is, it still seems to affect the effector functions of T cells. Continuous IL-7 signaling not only generates cells expressing memory markers but also induces production of IFN $\gamma$  followed by IFN $\gamma$ -induced cell death during homeostasis (83). Therefore, elucidation of T-cell responses after IL-7-mediated immunotherapy might be therapeutically more significant.

## 5. Cancer therapy with IL7

Unlike IL-2, clinical trials with IL-7 as cancer immunotherapy have reported no objective responses, whereas preclinical studies have shown the potential antitumor activity of IL-7 therapy. However, dramatic changes in pharmacodynamics associated with beneficial immunological phenotypes have been widely announced through clinical trials. The Cytheris Corp., now RevImmune, Inc., has mainly developed immunotherapy with recombinant human IL-7 (rhIL-7). The first clinical trial was carried out with the rhIL-7 produced in *E.coli* (also known as CYT 99-007) for 11 patients with MM and 1 patient with metastatic sarcoma. The highest dose, 60 ug/kg, elicited a serum half-life of about 12 hours. A dose-dependent increase of both CD4<sup>+</sup> and CD8<sup>+</sup> T cells and a reduced frequency of T<sub>REG</sub> cells were observed during therapy. In some patients, CD19<sup>+</sup>CD10<sup>+</sup> B-cell progenitors were also increased in the BM without any sign of hematopoietic neoplasm (84). Since the non-glycosylated first-generation rhIL-7 elicited a minor titer of anti-drug antibodies, subsequent clinical trials were carried out with a glycosylated rhIL-7 produced by eukaryotic cells (also known as CYT107). Sixteen patients with non-hematologic refractory cancers were treated, and a dose-dependent increase of T cells without enrichment of T<sub>REG</sub> cells was also observed with regard to the increased expression of a proliferation marker, Ki67, and the Bcl2 (85). TCR diversity was

also increased after IL-7 therapy. In patients with lymphopenic metastatic breast cancers, rhIL-7 administration before chemotherapy significantly increased CD4<sup>+</sup> and CD8<sup>+</sup> T-cell counts, but could not increase cells expressing inflammatory cytokines (86). Adjuvant immunotherapy of rhIL-7 with various tumor vaccines has also proceeded in several clinical trials (87, 88). A clear difference in immunotherapy between IL-2 and IL-7 is the toxicity issue. Unlike IL-2, clinical studies of both non-glycosylated and glycosylated rhIL-7 showed a well-tolerated dose range with mild symptoms, such as transient injection-site reactions and reversible enlargement of lymphoid organs (84-87, 89).

The antitumor potency of IL-7 therapy has been demonstrated in preclinical studies. Intratumoral delivery of IL-7-transduced DCs induced superior antitumor responses with increased production of granulocyte-macrophage colony-stimulating factor (GM-CSF) and IFN $\gamma$  (90). Treatment of IL-7 with GM-CSF-secreting tumor vaccines also improved the survival of tumor-bearing mice by increasing activated DCs and T cells within draining lymph nodes with the increased cytolytic T cells within tumors (91). These results further demonstrated the importance of both innate and adaptive immunity against cancer immunotherapy with IL-7. Adjuvant treatment of IL-7 with a vaccination regimen improved the survival of tumor-bearing mice by augmenting the vaccine-induced tumor-specific CD8<sup>+</sup> T-cell responses. In this setting, adjuvant treatment with IL-7 not only increased the pathogenic properties of the CD8<sup>+</sup> T cells but also made them refractory to the TGF $\beta$ -mediated inhibitory network (92).

In addition to the use of native IL-7 cytokine, efforts to increase the bioactivity of IL-7 have also been developed. One group of researchers showed that the treatment of an IL-7 complex formed with an IL-7R $\alpha$ -Fc induced antitumor responses by increasing tumor infiltration of T cells through CXCR3 chemokine signaling (93). An IL-7 complex with a neutralizing antibody clone M25 is also known to have increased bioactivity. Treatment of the

IL-7 complexes induced a massive increase of naïve and memory T cells in normal mice and also restored the impaired thymopoiesis in IL-7-deficient mice. Unlike the IL-2 neutralizing antibody S4B6, treatment with M25 did not induce cell proliferation either by itself or by separately injecting it even one minute after IL-7. Furthermore, IL-7 complexes with an M25 antigen-binding fragment (Fab) also did not show mitogenic activity. These results suggest that both the pre-mixture form of the complexes *ex vivo* and the Fc region of the neutralizing antibody must be required for higher bioactivity *in vivo* (94). Indeed, the IL-7 complexes induced the majority of increased bioactivity through the interaction between FcRn and Fc. Treatment of Fc-fused IL-7 (IL-7-Fc) also showed FcRn-dependent mitogenic activity that is slightly lower than that of IL-7 complexes (95). The Fc region of the previous IL-7-Fc is a mutated protein displaying no antibody-dependent cell-mediated cytotoxicity (ADCC) and complement-dependent cytotoxicity (CDC) through the inhibited binding to FcγR and C1q (96). Immunotherapy with a human isoform of the IL-7-Fc has also proceeded in clinical trials. Genexine, Inc., developed a hybrid-Fc fused rhIL-7 (also known as rhIL-7-hyFc, or Efineptakin alfa) that has an extended half-life and reduced off-target immunogenicity. Systemic administration of rhIL-7-hyFc has currently been demonstrated as a well-tolerated agent increasing T cells in healthy volunteers (97). In preclinical models, adjuvant treatment of rhIL-7-hyFc with a DNA vaccine showed CD8<sup>+</sup> T-cell-dependent antitumor responses (98). We have also recently reported that the antitumor response of rhIL-7-hyFc is mediated not only by increasing diverse aspects of CD8<sup>+</sup> T-cell responses but also by decreasing immunosuppressive subsets within tumors, consequently by inducing an inflamed TME (99). Multiple clinical trials are now proceeding to verify the antitumor benefits of rhIL-7-hyFc, led by NeoImmuneTech. The approaches using IL-7 in cancer therapy are summarized in Figure 3.

## CONCLUSION

The current understanding of cancer immunotherapy indicates that most anticancer therapies regulate the immune response of the cancer patients, especially toward increasing the tumor-specific T-cell response, whether the therapeutic agent directly targets T cells or not. In general, prolonged survival of patients correlates with the number of cytotoxic/memory T cells,  $T_H1$  cells, and other effector cells. In contrast, an increased number of immunosuppressive cells, including  $T_{REG}$  cells and myeloid-derived suppressor cells, are associated with poor prognosis. It has also been discovered that the densities, phenotypes, and characteristics of individual immune cells in TME may affect the efficacy of immunotherapy. Given that the immune response in TME has chaotic complexity, it is not surprising that the currently emerging prime immunotherapies with checkpoint inhibitors (CPIs) cannot conquer cancers yet, but they are taking priority in most clinical trials nowadays. Epidemiological studies have demonstrated that it is crucial to choose the right pair for combined immunotherapy rather than focusing on the single therapeutic agent that regulates only a fraction of immune response in TME. Since IL-2 and IL-7 have been well defined to increase the T-cell response, they could be the best partners for most immunotherapies, including the CPIs. Although the augmented T-cell responses by the cytokine therapy have been observed, it remains to be seen how these cytokines may change the heterogeneous phenotypes of T cells and their functional characteristics in TME. Indeed, since the single-cell analysis technique is necessary for revealing the conditional change of TME, it is becoming important not only to understand the detailed mechanism but also to interpret it for the development of successful therapeutic strategies. Overall, we believe that therapeutic challenges with the T-cell regulators, IL-2 and IL-7, will be the promising strategies for anticancer immunotherapy if the detailed mechanisms of T cell responses in TME are followed.

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## CONFLICTS OF INTEREST

The authors declare no conflict of interest.

## FIGURE LEGENDS

**Figure 1. Modification of IL-2 for anticancer therapy.** (A) Mutations in CD122 (IL-2R $\beta$ )-binding regions of IL-2 superkines (Super-IL-2) increase binding affinity of IL-2 for IL-2R $\beta$  than CD25 (IL-2R $\alpha$ ). (B) The conjugation with antibody to tumor-associated antigens (TAAs) or collagen-binding domain delivers IL-2 to tumor sites. (C) The IL-2 complex with a neutralizing antibody clone S4B6 predominantly targets cells expressing dimeric IL-2R $\beta\gamma$ . (D) Fc-fused IL-2 has a prolonged serum half-life. (E) Fc-fused mutant IL-2 shows an increased half-life with enhanced binding affinity for IL-2R $\beta$ . (F) The conjugation of polyethylene glycol (PEG) shows increased IL-2 persistence with an inhibited IL-2R $\alpha$  binding.

**Figure 2. Overview of CD8 T cell immunity regulated by IL-2 and IL-7.** The receptor for IL-7 is expressed on the naïve and memory T cells including precursors cells; common lymphoid progenitors (CLP), double-positive, and single-positive thymocytes, and recent thymic emigrants (RTE). IL-7 is mainly produced by stromal cells and gives a signal to IL-



7R $\alpha$ -expressing cells to regulate their survival, proliferation, and maintenance. By contrast, the IL-2 receptors are highly induced on activated T cells after antigenic stimulation and the cells themselves also become a major producer of IL-2. After rapid expansion, the effector T cells develop into different fates depending on the amount of IL-2 signaling. Cells expressing high levels of IL-2R $\alpha$  receive strong IL-2 signaling and become short-lived effector cells showing increased expression of Blimp1, KLRG1, and cytolytic activity. Cells expressing low levels of IL-2R $\alpha$  receive relatively weak IL-2 signaling and become memory precursor cells showing increased expression of IL-7R $\alpha$ , CD62L, IL-2 production, and proliferation capacity but decreased expressions of effector-associated molecules above. The re-expression of IL-7R $\alpha$  on memory T cells capable of maintaining the long-term survival of the cells.

**Figure 3. Modification of IL-7 for anticancer therapy.** (A) Adjuvant treatment of IL-7 and its receptor complex enhances the potency of cancer vaccines. (B) Intratumoral administration of IL-7-transduced DCs (DC-AdIL-7) induces direct IL-7 signals in the tumor site. (C-F) Engineered IL-7 complexes with enhanced bioactivity. (C) IL-7 complexed with IL-7R $\alpha$ -Fc. (D) IL-7 complex with a monoclonal antibody clone M25. (E) IL-7 fused with the Fc region of the antibody. (F) IL-7 fused to a hybrid Fc (IgD/IgG4) has a prolonged serum half-life without cytotoxicity on target cells.

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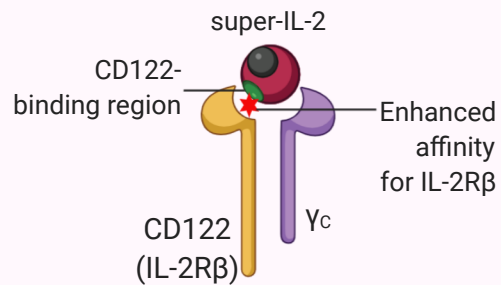
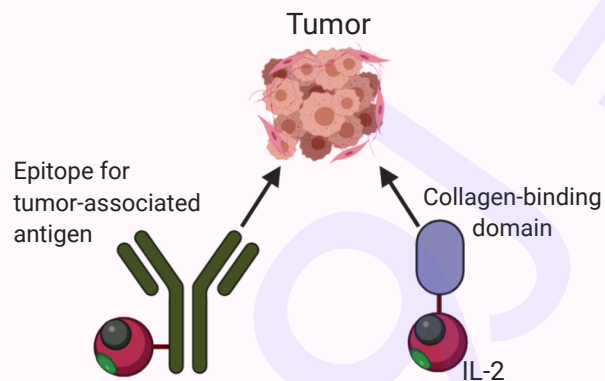
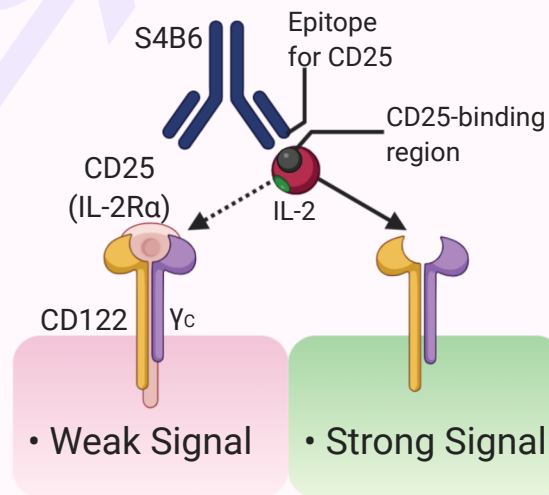
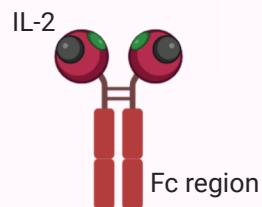
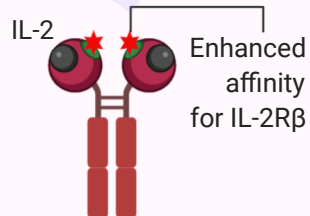
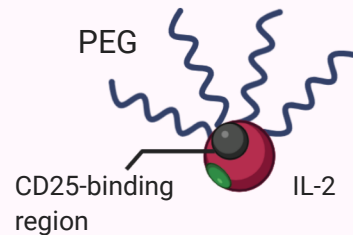
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**A****IL-2 superkine****B****TAA-IL-2****C****IL-2/S4B6 Complex****D****Fc-IL-2****E****SumIL-2-Fc****F****PEG-IL-2**

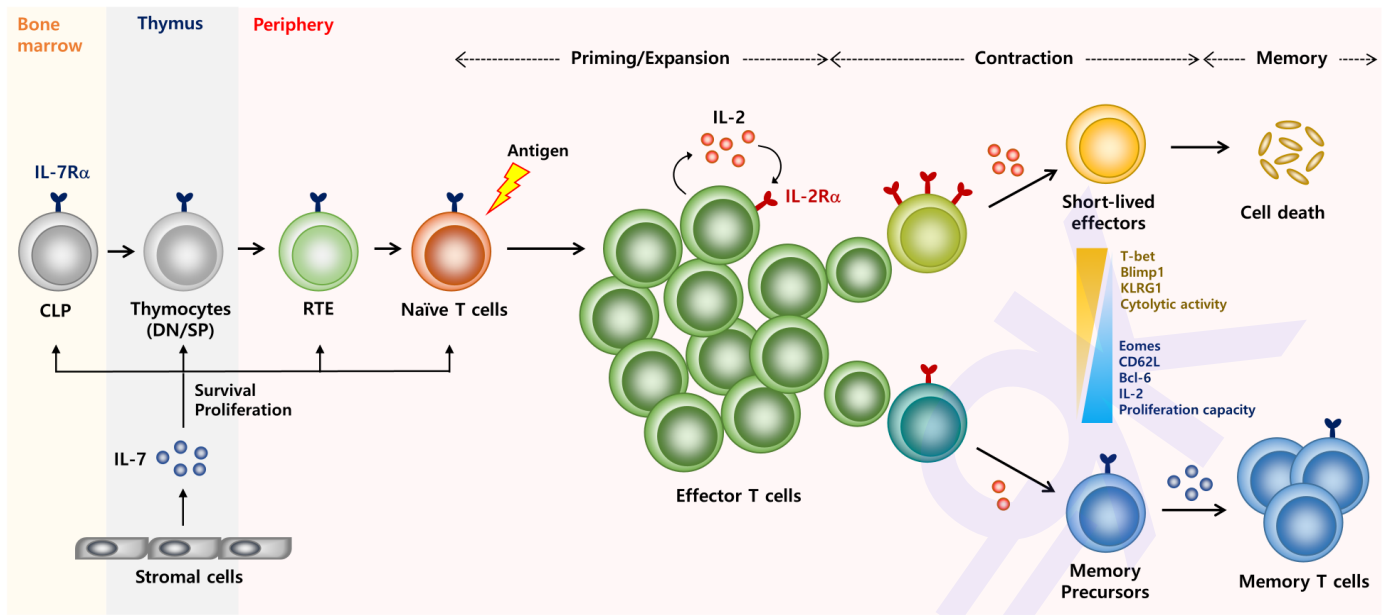
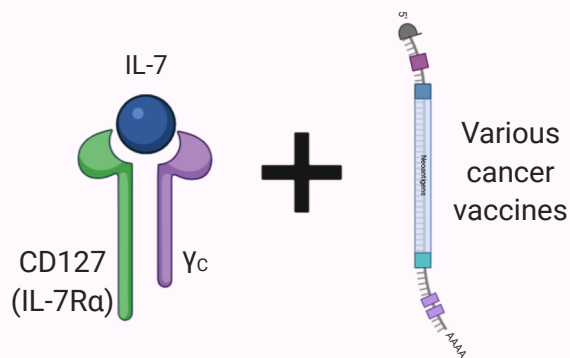


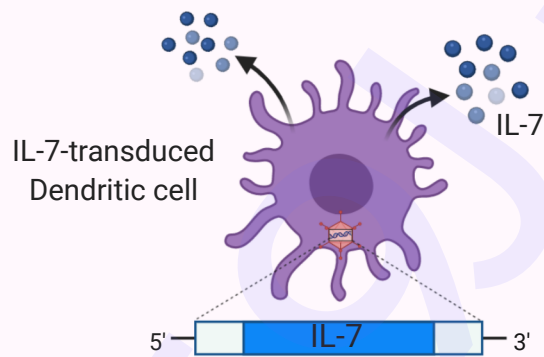
Fig. 2.

**A**

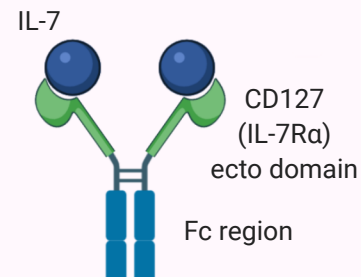
# IL-7 with Cancer Vaccine

**B**

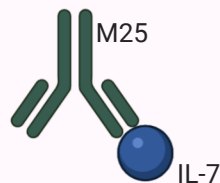
# DC-AdIL-7

**C**

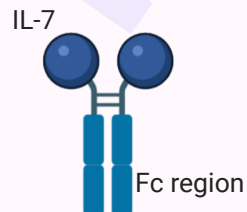
# IL-7/IL-7Rα-Fc Complex

**D**

# IL-7/M25 Complex

**E**

# IL-7-Fc

**F**

# IL-7-hyFc

