

BMB Reports – Manuscript Submission

Manuscript Draft

Manuscript Number: BMB-19-137

Title: mTOR signalling pathway – A root cause for idiopathic autism?

Article Type: Mini Review

Keywords: Autism spectrum disorder (ASD); idiopathic autism; mTOR signalling pathway; downstream regulators; Therapeutic Target

Corresponding Author: Balachandar Vellingiri

Authors: Harsha Ganesan¹, Venkatesh Balasubramanian¹, Mahalaxmi Iyer², Anila Venugopal¹, Mohana Devi Subramaniam³, Ssang-Goo Cho⁴, Balachandar Vellingiri^{1,*}

Institution: ¹Department of Human Genetics and Molecular Biology, Bharathiar University, Coimbatore, Tamil Nadu, India,

²Department of Zoology, Avinashilingam Institute for Home Science and Higher Education for Women, Tamil Nadu, India,

³Department of Genetics and Molecular Biology, Sankara Nethralaya, Chennai, Tamil Nadu, India,

⁴Department of Stem Cell and Regenerative Biotechnology, Konkuk University, Seoul, South Korea,

1 **Manuscript Type: Mini review**

2 **Title: mTOR signalling pathway – A root cause for idiopathic autism?**

3 **Author's name:** Harsha Ganesan¹, Venkatesh Balasubramanian¹, Mahalaxmi Iyer², Anila
4 Venugopal¹, Mohana Devi Subramaniam³, Ssang-Goo Cho⁴ and Balachandar Vellingiri^{1,*}

5 **Affiliation:**

6 ¹Human Molecular Cytogenetics and Stem Cell Laboratory, Department of Human
7 Genetics and Molecular Biology, Bharathiar University, Coimbatore-641046, Tamil Nadu,
8 India.

9 ²Department of Zoology, Avinashilingam Institute for Home Science and Higher Education
10 for Women, Coimbatore – 641 043, Tamil Nadu, India.

11 ³Department of Genetics and Molecular Biology, Vision Research Foundation, Sankara
12 Nethralaya, Chennai – 600 006, Tamil Nadu, India.

13 ⁴Department of Stem Cell and Regenerative Biotechnology, Konkuk University, Seoul,
14 South Korea.

15 **Running Title:** mTOR Signalling Pathway in Idiopathic Autism

16 **Keywords:** Autism spectrum disorder (ASD); idiopathic autism; mTOR signalling
17 pathway; downstream regulators; Therapeutic Target

18 ***Corresponding Author's Information:**

19 Dr. V. Balachandar

20 Visiting Professor, ICMR-IF, Institute of Molecular Medicine,

21 University of Southern Denmark, Odense C. Denmark

22 Assistant Professor and Group Leader - Human Molecular Cytogenetics & Stem Cell Lab,

23 Department of Human Genetics and Molecular Biology

24 Bharathiar University, Coimbatore - 641 046, Tamil Nadu, India

25 Contact: +45 24769924 (M); +91 9994999924 (M); +91-4222428514 (O); +91-422-

26 2422387 (F)

27 Email: geneticbala@yahoo.co.in; geneticbala@buc.edu.in

28 Web: http://cdn.bu.ac.in/faculty_data/hgmb_dr_vb.pdf

29

ABSTRACT

Autism spectrum disorder (ASD) is a complex neurodevelopmental monogenic disorder with a strong genetic influence. Idiopathic autism could be defined as a type of autism that does not have a specific causative agent. Among signalling cascades, mTOR signalling pathway plays a pivotal role not only in cell cycle, but also in protein synthesis and regulation of brain homeostasis in ASD patients. The present review highlights, underlying mechanism of mTOR and its role in altered signalling cascades as a triggering factor in the onset of idiopathic autism. Further, this review discusses how distorted mTOR signalling pathway stimulates truncated translation in neuronal cells and leads to downregulation of protein synthesis at dendritic spines of the brain. This review concludes by suggesting downstream regulators such as p70S6K, eIF4B, eIF4E of mTOR signalling pathway as promising therapeutic targets for idiopathic autistic individuals.

INTRODUCTION

Autism Spectrum Disorder (ASD) is a complex neurodevelopmental disorder categorized by concomitant manifestation of diminished social communication, restricted/perseverative/stereotypical behaviour and repetitive pattern of activities. The incidence rate of ASD was 58.7 per 10,000 individuals in 2013 (1). However, the number of reported cases with mild to severe autism has gradually increased over the years in various countries. In the United States alone, 1 in 68 children has ASD (2). ASD can be differentiated into four different disorders based on the Diagnostic and Statistical Manual of Mental Disorders IV (DSM – IV): Autistic disorder, Asperger’s disorder, Childhood disintegrative disorder and Pervasive developmental disorder (PDD) (3 – 6). According to DSM – V manual, autism is broadly classified into syndromic and non-syndromic types (7). Syndromic autism comprises of disorders with known causative agents, including monogenic disorders (8) such as Phelan-McDermid syndrome, Noonan syndrome, Rett-syndrome, Timothy syndrome, Tuberous sclerosis complex (TSC), TSC associated Polyhydramnios megalencephaly and symptomatic epilepsy syndrome (PMSE), Phosphatase and tensin homolog (PTEN), Fragile X Syndrome (FXS), Neurofibromatosis, and a number of developmental disorders covered by ASD (3, 9). Idiopathic autism is the non-syndromic type with no known genetic or epigenetic cause for manifestation of the disease (9). Probable causative factors for idiopathic autism include environmental factors (10) such as toxins, pesticides, infection, and in utero exposure to drugs like valproic acid (9 – 14). There has been various hypotheses, mutational targets, and pathways about idiopathic autism (9, 12). However, none of them could explain the exact reason behind the onset and expression of this disorder.

66 Signalling pathways are important for the regulation of specific molecular mechanism after
67 activation through a target molecule. Alteration in some signalling pathways can lead to
68 expression of certain features in the human brain, including megaloccephaly, axonal
69 misregulation, alteration in neuron size, connectivity of neuronal circuits, proliferation of
70 cerebral cells, protein synthesis and dendritic spine density variation at different regions of
71 the brain (15, 16). Among various pathways, mechanistic target of rapamycin (mTOR)
72 plays a centralized role as a signalling hub that can lead to regulation of certain
73 physiological features of autism. Specifically, in the brain, mTOR pathway is involved in
74 the regulation of synaptogenesis, corticogenesis, and associated functions of neurons (2).
75 Several studies (9, 13, 16) have indicated that the Akt/mTOR pathway which regulates
76 translation at dendritic spines is a potential molecular substrate of autism. Indeed,
77 mutations in genes encoding Akt-mTOR cascade components cause disorders with higher
78 rates of autistic characteristics. Nicolini et al. (9) highlighted that decreased mTOR could
79 adversely affect spines by dysregulating cortical circuits implicated in higher cognitive
80 functions and behaviour, thus causing autistic phenotypes. Findings of Hutsler and Zhang
81 (16) also prove the hypothesis that disruptions in the mTOR pathway can negatively affect
82 spines and contribute to autism neuropathology in patients. Hence, in this review, we will
83 highlight the importance of mTOR signalling pathway in idiopathic autism. We will also
84 discuss certain mTOR regulators that play a vital role in the disruption of translation
85 initiation and protein synthesis as a triggering factor for the expression of autistic
86 phenotypes. Finally, we suggest that mTOR signalling pathway will be revolutionary in the
87 field of translation research as a promising strategy to discover remedies for idiopathic
88 autism.

89

90 **COMMON FEATURES OF IDIOPATHIC AUTISM BRAIN**

91 Neurodevelopment comprises of certain crosslinked molecular mechanisms including
92 neurogenesis, corticogenesis, and synaptogenesis. Adult neurogenesis is the development
93 of new neurons in specific regions of the brain such as the hippocampus and olfactory bulb.
94 This process is particularly important for the conversion of Neural Stem Cells (NSCs) and
95 neural precursors into functional neurons (17). Corticogenesis that leads to mammalian
96 neurocortex development is a part of embryonic neurogenesis. It is required for the origin
97 of six layers of the cortex where neuronal migration begins at the ventricular zone and
98 proceeds towards their final position in the brain (18, 19). Synaptogenesis is the concluding
99 step in neural development which comprises of initiation and linkage of pre- and post-
100 synaptic domains in target neurons as well as regulation of synaptic development through
101 mTOR and Wnt signalling pathways. Following synaptogenesis, ratio of excitatory to
102 inhibitory synapses (E/I ratio) is also important for neural circuit assembly and it analysis
103 the synaptic output (20, 21). Alterations in these key regulatory processes has been reported
104 in neurodegenerative and developmental disorders such as ASD, Parkinson's disease,
105 Alzheimer's disease, Huntington's disease, Amyotrophic Lateral Sclerosis and
106 Schizophrenia (17). During corticogenesis, neuronal migration and laminar formation are
107 critical for brain function. Their disruption due to overexpression of certain glycoproteins
108 such as reelin secreted by cajal-retzius cells and GABAergic interneurons can lead to ASD,
109 bipolar disorder, and schizophrenia (22). Oblak et al. (23) have linked decreased GABA
110 receptor signalling to behavioural abnormalities seen in ASD patients. They confirmed this
111 with autoradiography techniques where densities of GABA receptors were monitored in

112 fusiform gyrus and cingulated cortex regions of the brain involved in corticogenesis.
113 Cortical development, the chief course of action in corticogenesis, requires activation and
114 placement of neuronal progenitor cells at radial and angential axis regions of the cerebral
115 cortex in the brain. One major gene involved in corticogenesis is T-Box Brain 1 (TBR1)
116 gene that is also associated with ASD, in which there is a disrupted localization of *TBR1*
117 (24). TBR1 protein can interact with kinase CASK to induce autism (25). Later during
118 synaptogenesis, molecules specific to scaffolding and cell adhesion such as neurexins,
119 neuroligin, cadherin, and Shank3 can alter neuronal activity in ASD and idiopathic autism
120 individuals (21). Specifically, interaction of neuroligins with neurexins is known to
121 regulate postsynaptic activity of both excitatory and inhibitory synapses (20, 26). Mutations
122 in these molecules have been reported in various cases of autism, leading to inhibition,
123 receptor downregulation, and altered synaptic protein placement at the cingulated cortex
124 and fusiform gyrus (25, 27). The importance of β -catenin, a Wnt signalling molecule, in
125 both corticogenesis and synaptogenesis was reviewed by Williams and Casanova (28).
126 They noted that depleted intelligence level of autistic individuals was related to increased
127 total brain volume (TBV) that was also observed in megalencephaly (28, 29).
128 Megalencephaly is also observed in TSC categorised under syndromic autism. This was
129 proven by the deletion of TSC specific gene through Cre-Lox system knockout in mice,
130 leading to megalencephaly with characteristically enlarged soma and nucleus, decreased to
131 absent astroglial activity, mislamination, ectopic placement of neurons, and mTOR
132 hyperactivity (30). Additionally, syndromic autism has increased E/I ratios in various
133 interrelated systems such as emotional, social and sensory systems of the brain. This
134 imbalance in E/I ratio can lead to hyperexcitation and hypoinhibition at cortical circuits in

FXS, a type of ASD (20). E/I imbalance could also disrupt N-methyl-D-aspartic acid receptor (NMDAR) dependent cascade which negatively regulates mTOR pathway (31). Among other factors involved in manifestation of autism etiology, amyloid- β precursor protein (APP) shows elevated levels at synapses, leading to overgrowth of cranial neurons and further alteration of (PI3K/Akt/mTOR) signalling pathways. These alterations are due to *PTEN* mutations that cause brain tumours and macrocephaly in autism, proving that abnormal cell proliferation could also be associated with mTOR imbalance (32). Furthermore, Osborne (19) has linked hyperactivation of mTOR to PMSE, showing that disruption of corticogenesis is associated with mTOR. Megalencephaly is not only observed in PMSE, but also found in idiopathic autism patient. It is a common feature of idiopathic autism patient where there is an increase of cell growth that could be an outcome of increased protein synthesis due to mTOR hyperactivation (19). Idiopathic autism patients exhibit a loss in socio-emotional and face recognition ability. Such loss is linked to changes in the anterior, posterior cingulate cortex and the fusiform gyrus in the cerebral cortex where GABA receptor binding ability is decreased (23). Alteration in mTOR pathway can lead to heterotopia and dysplasia where the structure of the cortex is distorted by changing the cortical circuitry (19). Accelerated mTOR activity at late corticogenesis in idiopathic autism individuals can result in misplacement of neurons, leading to alteration of neural identity. These disadvantages could be controlled by cap-dependent translation that targets 4E-Binding Proteins (4E-BPs) and prevents ectopic neuron placement and mislamination due to accelerated downstream mTOR signalling (33). Lin et al. (33) have proven that knockdown of 4E-BP can lead to various changes in the neural architecture, including elevated soma size in the neuron, dendritic development, and

changes of synaptic potential and spine density. These findings reveal that mTOR signalling pathway alterations could be contributory mediators of idiopathic autism.

SIGNALLING PATHWAYS AS MODULATORS OF SYNDROMIC AND IDIOPATHIC AUTISM

Autism is linked to certain signalling pathways such as Wnt pathway, calcium and calmodulin pathway and PI3K/mTOR signalling pathway. Wnt pathway gives a better understanding of cellular differentiation, polarity, and proliferation in different tissues. Its deregulation leads to various types of cancers and certain cases of ASD as reported by Oron and Elliot (34). Maturation and development of brain are associated with the canonical Wnt pathway. In individuals with ASD, the Wnt signalling pathway is linked to cortical patterning, upregulation of dendritic spine density, and alteration of spine morphology (35). Other than Wnt signalling, calcium concentrations and calmodulin binding capacity can also affect various components of the Central Nervous System (CNS), specifically targeting the pre- and post- synaptic responses of neurons (36). Wen et al. (37) have linked MAPK signalling pathways to 20 other functional pathways and 22 ASD associated genes. They also mentioned the role of calcium and MAPK signalling pathways as interacting hubs for various other interrelated pathways in ASD. Another targeted candidate is nerve growth factor (NGF) induced signalling that leads to significant decrease in 4E-BP1 protein and eukaryotic translation initiation factor 4E (eIF4E) that induces oxidative stress in autistic patients (38). Both 4E-BP1 and eIF4E are major components of the mTOR signalling pathway. Nicolini et al. (9) have reported a deregulation of 4E-BP1 in valproic acid (VPA)

exposed mice model for idiopathic autism. Hence, we can correlate NGF signalling pathway and mTOR signalling pathway with oxidative stress related ASD. In this review, we will focus on mTOR pathway which has received wide attention owing to its important role in activating target genes in syndromic autism.

mTOR - THE SIGNALLING HUB

mTOR plays a centralised role in inducing and activating various interlinked pathways. Thus, it acts as a signalling hub and regulates certain physiological features of the cell. Various intracellular and extracellular processes including protein synthesis, RNA biogenesis, autophagy, cell growth, and survival (39) are pictorially presented in Figure 1. mTOR is also associated with various diseases including various cancers (40, 41) such as prostate cancer (42), kidney cancer (43), and breast cancer (44) due to mutations and misregulations in the mTOR pathway. It is also associated with other diseases including cardiovascular disease (45), renal diseases (46), pulmonary fibrosis (47), and diabetes mellitus (48). Associations of mTOR signalling pathway with normal and abnormal brain, neurite development, synapse formation and associated functions have been discussed in detail. mTOR signalling pathway is also associated with abnormal developmental features of the brain including Megalencephaly (49, 50), hemimegalencephaly (51), pigmentary mosaicism (50), glioblastoma multiforme (52), astrocytoma (52), and focal cortical dysplasia (53). These defects are mainly associated with malfunction of mTOR associated cells either upstream or downstream of the signalling cascade (50, 54). Specifically, in the brain, mTOR is involved in the regulation of synaptogenesis, corticogenesis, and associated functions of neurons. mTOR is also related to a number of neuropsychiatric and neurodevelopmental disorders such as Alzheimer's disease, ASD, and idiopathic autism

(55). Altered mTORC1 activity due to mutations in TSC has been linked to Alzheimer's disease characterised by accumulation of cellular amyloid- β proteins, decreased soma size, and decreased activities of mTORC1 and mTORC2 (56). Activation and phosphorylation of Akt, a protein kinase, play a major role in the onset of mTOR pathway because Akt targets TSC and regulates mTORC1 activity (57). Mutations in TSC1 and TSC2 can lead to alteration in the activity and size of brain, leading to megalencephaly and dysmorphisms of developing neurons, glia, and progenitor cells (58). In contrary to Alzheimer's where altered soma size is the main characteristic feature, hyperactivity of mTOR signalling in ASD leads to megalencephaly, overconnectivity of neurons and increases the spine growth (15).

FUNCTION OF mTOR SIGNALLING PATHWAY IN ASD

Overlaps among cellular phenotypes, genes, and molecular and biochemical pathways have led to the classification of a number of monogenetic syndromes as part of the broader spectrum of ASD as depicted in Figure 2 (7). Mutations in mTOR signalling including TSC1, TSC2, PTEN, and Phosphoinositide 3-kinases (PI3K) components have also led to expression of these disorders (59) as explained in detail in Table 1. One of the major upstream signalling components that activate mTORC1 is Ras homolog enriched in brain (RHEB) in brain cells. It could be blocked by mutated TSC, leading to tumorous outgrowth in the brain. TSC complex inhibits RHEB and mTORC. When this upstream process is altered, there is hyperactivation of mTORC1. Another regulating molecule is PTEN which is involved in Akt activation and lipid signalling by regulating PI3K levels. Misregulation of PI3K leads to hyperactivity of not just mTORC1, but also Akt pathway (60). Another not well explored aspect of mTOR pathway is the fragile X mental retardation protein (FMRP)

that plays a role in activating fragile X syndrome (FXS). It is known that 50% of FXS individuals have ASD and mutation in the *Fmr1* gene that codes for FMRP protein which in turn is involved in PI3K regulation (61, 62). Although the contribution of mTOR to this disorder has not been well understood yet, it is known that PI3K subunit has an elevated amount in knockout mouse models of FXS (61, 62). Enlarged murine cerebellum and hippocampus is also a characteristic of Angelman syndrome where there is a deletion in *Ube3a* gene that causes reduced activation of mTORC2 and hyperactivation of mTORC1 signalling (63). *Mecp2* mutation causes Rett syndrome that has decreased protein synthesis and mTORC1 activity (59). These features are due to distorted cell signalling and biochemical pathways, leading to brain enlargement in autism (64). Altered signalling in the brain includes changes in growth factor signalling such as brain derived neurotrophic factor (BDNF), NGF, MAP kinase, ERK signalling systems, protein synthesis, and mTOR pathway (15). Hyper expansion of cortical surface area, etiological heterogeneity, and alteration in corticogenesis are some of prodromal features of an autistic individual. The chief process affected downstream of this signalling cascade is the protein synthesis. S6 protein kinases (S6K) and 4E-BPs are two major substrates that govern mRNA translation. Phosphorylation of ribosomal protein S6 and suppression of methylated cap binding between eIF4E and 4E-BPs can lead to inhibition of translation. Hence, mTORC1 activation is mandatory for protein synthesis (65). Although abnormal mTOR function has been connected to syndromic autism by various studies as mentioned above, its role in idiopathic autism has been scarcely explored.

THE SPARSELY EXPLORED TYPE OF AUTISM: IDIOPATHIC AUTISM

Despite there are increased knowledge about pathways that create havoc in syndromic

autism, there are far fewer researches related to the physiology and manifestation of idiopathic autism. VPA (66) induced knockout mouse models and induced Pluripotent Stem Cells (iPSC) (67) are the widely used models to study idiopathic autism. Similar to knockout mice models, BTBR mice can serve a model organism for studying ASD and idiopathic autism. Meyza and Blanchard (68) have highlighted the importance of BTBR $T^{+}Itpr3^{tf}/J$ mouse for studying idiopathic autism as convergence of multiple signalling pathways and exhibition of distinct neuroanatomical features.

mTOR is involved in various neurodevelopmental processes, including neuronal differentiation, axon guidance, cell migration, and neural region patterning. These processes are altered in idiopathic autism. Roles of dendritic spine formation, function, and neural plasticity at the fusiform gyrus in idiopathic autism have been studied by Nicolini et al. (9). They targeted protein synthesis regulation of mTOR and noted decreased protein expression levels of various isoforms of P13K, p85, Akt, mTOR, p-mTOR, p70S6K, and eIF4B in idiopathic autism. Variance of tropomyosin receptor kinase B (TrKB), a BDNF that monitors the trafficking of postsynaptic density protein- 95(PSD-95) through regulation of P13K/Akt, is also observed in idiopathic autism. TrKB is also expressed at various levels in different regions of the brain (9). TrKB-FL isoforms in neurons are necessary for the activation of TrKB at the glia. Truncation of these molecules leads to alteration of Akt/mTOR pathway which in turn causes adverse effects in dendritic spines and cortical circuits (66 – 68). Onore et al. (69) have performed similar protein analysis in cells of CNS and immune system. They also compared phosphorylated and total protein levels and found higher total protein levels of IRS1 and RSP6 with higher phosphorylated protein levels of PTEN, TSC2, and mTOR in autistic individuals. De Rosa et al (70) have

analyzed cortical neurogenesis by determining transcriptional changes at two different time points in the developing brain to monitor differentially expressed genes. They reported dysregulations of synaptic activity, calcium signalling, and cell migration in idiopathic autism. Their work showed a gradual decrease of spiking activity in the brain of affected individual (70), further confirming that downregulation of signalling molecules could lead to the onset of idiopathic autism.

mTOR REGULATORS AS POTENTIAL THERAPEUTIC TARGETS

Novel therapeutic target identification and implementation against diseases have become mandatory for various neurodevelopmental conditions, especially ASD and idiopathic autism since the number of individuals affected by them is increasing globally (3). mTOR is involved in the regulation of various intracellular processes as explained in Figure 1. However, its key role in ASD and idiopathic autism is the maintenance of amino acid pool by regulating protein translation at dendritic spines in the brain (71).

mTOR-S6K is also involved in the regulation of translation by eIF4F, a protein composed of eukaryotic initiation factors eIF4E and eIF4A (71, 72). Inhibition of cap binding to eIF4F by 4EBPs as a major rate altering process could be prevented when mTORC1 phosphorylates 4EBPs which hinders the inhibitory role of this molecule, thereby activating the translation initiation at specific regions of the brain such as dendritic spines (73). Phosphorylation of specific subunits of mTOR involved in translational initiation is necessary to regulate various cellular processes as shown in Figure 1. These molecules include eIF4B which activates eIF4A, S6 ribosomal subunit (74), PDCD4 that inhibits eIF4A translation by phosphorylation, and various mRNA splicing factors (75). Presence of certain postsynaptic proteins including postsynaptic density protein 95 kDa (PSD-95),

295 NMDA, metabotropic glutamate receptor subtype 5 (mGlu R5) that take part in translational
 296 initiation is important for structural organisation of prefrontal cortex of the brain (76).
 297 Phosphorylation of these downstream regulators has been studied by Jernigan et al. (76).
 298 They found that levels mTOR, p70S6K, eIF4B proteins were decreased in major depressive
 299 disorder (MDD). They reported a uniform dysregulation of mTOR/ p70S6K/eIF4B
 300 pathway that leads to changes in neuronal architecture, thereby causing encephalopathy,
 301 dendritic spine alteration, and cancer in some cases (9, 76, 77). Abnormal spine density has
 302 been noted in various forms of ASD and idiopathic autism associated with upregulation or
 303 downregulation of mTOR pathway at dendritic spines (68). Roles of p70S6K/eIF4B and
 304 4E-BP1/eIF4E in dendritic spines are crucial as they are involved in excitatory
 305 postsynapses observed in fusiform gyrus of ASD post-mortem brain samples (9). Nicolini
 306 et al. (66) have also reported decreased levels of PSD-95 at the fusiform gyrus of idiopathic
 307 autism subjects. Furthermore, imbalances of BDNF and TrkB have been widely studied in
 308 relation to autism but the change in PSD-95 (postsynaptic marker) protein level could be
 309 used as a therapeutic target in treating neural circuitry defects of autism, especially in
 310 idiopathic (3, 9, 15, 66). Shott et al. (78) have analysed expression levels of
 311 Akt1/p70S6K/eIF4B proteins by kinomics using multiplex assay and noted a 6% change in
 312 cytoplasmic protein expression level in prion disease. Other postsynaptic proteins
 313 associated with autism include neuroligins whose levels are increased after translation in
 314 4EBP in *4E-BP2*-KO and eIF4E overexpressed mice that show significant alteration in E/I
 315 ratio. These results further confirm the importance of these downstream regulators of
 316 mTOR signalling pathway in circadian regulation and ASD respectively (79, 80). Dennis et
 317 al. (81) have studied phosphorylated protein translation in 4E-BP1/2 double knockout

(DKO) mice and found higher p70S6K1 protein levels in the liver. They also compared γ -form of 4E-BP1 to other forms ($\alpha+\beta+\gamma$). They further demonstrate that eIF4E-eIF4G complex interaction is critical in cap-dependent mRNA translation. Ribosomal protein kinase p70S6K is another rate altering molecule downstream of mTOR signalling pathway (82, 83). P70S6K has been proposed as a molecular marker for lymphoid cancer (82) and ovarian cancer (84) as it is involved in the regulation of protein synthesis in these particular diseases (81, 85). However, its role as a novel therapeutic target for idiopathic autism has been seldom explored. Effect of p70S6K signalling pathway on murine frontal cortex through protein translation has been studied by treating rats with MK-801 which modulates p70S6K-S6/eIF4B pathway in developing rat brain. A significant decrease in phosphorylation of 40S ribosomal subunit S6 by p70S6K has been observed in insular, cingulate, and prefrontal cortex of rat brain (85). This decrease in phosphorylation results in altered protein expression in an idiopathic autism brain as pictorially represented in Figure 3, leading to distorted phenotypic expression. Based on these findings, we propose that interaction between p70S6K/eIF4B and 4E-BP1/eIF4E is a benchmark in autism targeted therapy. It would pave way for future research on idiopathic autism.

CONCLUSION

mTOR plays a critical role in not only the regulation of various cellular functions such as cell growth, cell proliferation, lipid synthesis, and protein synthesis, but also plays a critical role in neurodevelopmental processes such as regulation of neurogenesis, corticogenesis, synaptogenesis, axon guidance, and cellular migration (2). Truncation of signalling molecules of mTOR that govern both upstream and downstream processes in the cascade can lead to developmental disorders such as ASD and idiopathic autism. Subjects with

idiopathic autism exhibit drastic decreases in synaptic activity, dendritic spine growth, cellular proliferation, protein synthesis, and spiking activity due to significant downregulation of mTOR signalling molecules in the brain. The major process that could alter the downregulation of mTOR signalling cascade is truncated mRNA translation through binding to protein 4E-BP1 and altering 5' capped mRNA translation initiation by initiation factor eIF4E. eIF4E either up-regulates or decreases p70S6K and eIF4B expression which in turn can modulate mTOR dependent translation (9). As no alteration was reported in 4E-BP1 and eIF4E but a demur in p70S6K signalling was observed in the mTOR pathway, p70S6K could be targeted as a regulator of idiopathic autism. Collectively, we conclude that proper regulation of p70S6K and associated down regulators of mTOR signalling pathway is a critical in the maintenance of brain homeostasis.

353 **ACKNOWLEDGEMENT**

354 The authors would like to thank Bharathiar University and the Science and Engineering
355 Research Board (SERB) (ECR/2016/001688), Government of India, New Delhi for
356 providing necessary help in carrying out this Autism review process.

357

358 **CONFLICTS OF INTEREST**

359 The authors have no conflicting interest.

360

FIGURE LEGENDS

Figure 1. Schematic representation providing an overview of various molecular inhibitors and stimulators involved in mTOR signalling pathway. PTEN and NF1 could inhibit the activation of AKT. AKT when mutated could inhibit the activation of TSC 1 and TSC 2 that are precursors of mTORC1. FMRP inhibition could lead to deactivation of mTORC2. When stimulated, mTORC1 is involved in various cellular processes including microtubule organisation, autophagy, lipid biosynthesis, RNA biosynthesis, and protein synthesis using precursors of CLIP-170, ULK1, Lipin-1, TFEB, and P70S6K, respectively. Stimulation of mTORC2 leads to proper cytoskeletal organisation through RAC, Rho, and PKC. Cell survival is achieved through SGK1.

Figure 2. Cell signalling dysfunction in mTOR signalling pathway leading to syndromic and idiopathic autism. Pictorial illustration of mutations in specific genes FMRP, NF1, PTEN, and TSC1/TSC2 that lead to loss/ reduction of function causing syndromic autism of fragile X syndrome, neurofibromatosis type 1, PTEN Hamartoma tumour syndrome, and tuberous sclerosis complex, respectively. mTORC1 stimulation leads to activation of 4EBP which hinders the translation or activation of P70S6K that triggers translation initiation. Truncated protein synthesis by these down regulators during translation leads to hyperactivation, causing autism spectrum disorder or hypoactivation of protein synthesis that leads to idiopathic autism.

Figure 3. Role of mTOR signalling pathway during protein translation. Translation initiation at the brain is regulated by various translation initiation factors including eIF3,

eIF4A, eIF4B, eIF4G, and cap binding protein eIF4E. Mechanism of mTOR is regulated by either 4E-BP or P70S6K. 4E-BP binds to eIF4E and inhibits the initiation of translation while S6 kinase from P70S6K binds to the 40S ribosomal subunit and leads to truncated protein synthesis in affected regions. Altered translation leads to development of adverse characteristics in the neuronal phenotype of idiopathic autism individuals.

Table 1. mTOR associated molecules and their impacts on autism spectrum disorders.

REFERENCES

1. Al-Zahrani A (2013) Prevalence and clinical characteristics of autism spectrum disorders in school-age children in Taif-KSA. *Int J Med Sci Public Health* 2, 578-82
2. Gilbert J and Man HY (2017) Fundamental elements in autism: from neurogenesis and neurite growth to synaptic plasticity. *Front Cell Neurosci* 11, 359
3. Jiang YH, Wang Y, Xiu X, Choy KW, Pursley AN and Cheung SW (2014) Genetic diagnosis of autism spectrum disorders: the opportunity and challenge in the genomics era. *Crit Rev Clin Lab Sci* 51, 249-262
4. Mattila ML, Kielinen M, Linna SL et al (2011) Autism spectrum disorders according to DSM-IV-TR and comparison with DSM-5 draft criteria: an epidemiological study. *J Am Acad Child Adolesc Psychiatry* 50 (6), 583–92
5. Harker CM, Stone WL (2014) Comparison of the Diagnostic Criteria for Autism Spectrum Disorder Across DSM-5, DSM-IV-TR, 2 and the Individuals with Disabilities Act (IDEA) 3 Definition of Autism
6. King BH, Navot N, Bernier R, Webb SJ (2014) Update on diagnostic classification in autism. *Curr Opin Psychiatry* 27(2), 105
7. Howes OD, Rogdaki M, Findon JL et al (2018) Autism spectrum disorder: Consensus guidelines on assessment, treatment and research from the British Association for Psychopharmacology. *J Psychopharmacol* 32, 3-29
8. Venugopal A, Chandran M, Erupakotte N, Kizhakkilach S, Breezevilla SC and Vellingiri B (2018) Monogenic diseases in India. *Mutation Research/Reviews in Mutat Res* 776, 23-31

9. Nicolini C, Ahn Y, Michalski B, Rho JM and Fahnestock M (2015) Decreased mTOR signaling pathway in human idiopathic autism and in rats exposed to valproic acid. *Acta neuropathol commun* 3, 3
10. Sandin S, Lichtenstein P, Kuja-Halkola R, Larsson H, Hultman CM and Reichenberg A (2014) The familial risk of autism. *JAMA* 311, 1770-1777
11. Berko ER, Suzuki M, Beren F et al (2014) Mosaic epigenetic dysregulation of ectodermal cells in autism spectrum disorder. *PLoS Genet* 10, e1004402
12. St-Hilaire S, Ezike VO, Stryhn H and Thomas MA (2012) An ecological study on childhood autism. *Int J of Health Geogr* 11, 44
13. Tordjman, Sylvie, Davlantis KS, Georgieff N et al (2015) Autism as a disorder of biological and behavioral rhythms: toward new therapeutic perspectives. *Front Pediatr* 3, 1
14. Volk HE, Lurmann F, Penfold B, Hertz-Picciotto I and McConnell R (2013) Traffic-related air pollution, particulate matter, and autism. *JAMA psychiatry* 70, 71-77
15. Subramanian M, Timmerman CK, Schwartz JL, Pham DL and Meffert MK (2015) Characterizing autism spectrum disorders by key biochemical pathways. *Front Neurosci* 9, 313
16. Hutsler JJ, Zhang H (2010) Increased dendritic spine densities on cortical projection neurons in autism spectrum disorders. *Brain Res* 1309, 83–94
17. Horgusluoglu E, Nudelman K, Nho K, and Saykin AJ (2017) Adult neurogenesis and neurodegenerative diseases: A systems biology perspective. *Am J Med Genet B Neuropsychiatr Genet* 174, 93-112

18. Betizeau M and Dehay C (2016) From stem cells to comparative corticogenesis: a bridge too far? Stem cell investing, 3
19. Osborne LR (2010) Caveat mTOR: aberrant signaling disrupts corticogenesis. J Clin Invest 120, 1392-1395
20. Gatto CL and Broadie K (2010) Genetic controls balancing excitatory and inhibitory synaptogenesis in neurodevelopmental disorder models. Front Synaptic Neurosci 2, 4
21. Zatkova M, Bakos J, Hodosy J and Ostatnikova D (2016) Synapse alterations in autism: Review of animal model findings. Biomed Pap Med Fac Uni Palacky Olomouc Czech Repub 160
22. Ishii K, Kubo KI and Nakajima K (2016) Reelin and neuropsychiatric disorders. Frontiers Cell Neurosci 10, 229
23. Oblak AL, Gibbs TT and Blatt GJ (2010) Decreased GABAB receptors in the cingulate cortex and fusiform gyrus in autism. J neurochem 114, 1414-1423
24. Notwell JH, Heavner WE, Darbandi SF et al (2016) TBR1 regulates autism risk genes in the developing neocortex. Genome Res 26, 1013-1022
25. Hanashima C and Toma K (2015) Switching modes in corticogenesis: mechanisms of neuronal subtype transitions and integration in the cerebral cortex. Front Neurosci 9, 274
26. Ichtchenko K, Hata Y, Nguyen T et al (1995) Neuroligin 1: a splice site-specific ligand for β -neurexins. Cell 81, 435-443
27. Chen J, Yu S, Fu Y and Li X (2014) Synaptic proteins and receptors defects in autism spectrum disorders. Front Cell Neurosci 8, 276

28. Williams E and Casanova M (2011) Above genetics: lessons from cerebral development in autism. *Transl Neurosci* 2, 106-120
29. Wisniewska MB (2013) Physiological role of β -catenin/TCF signaling in neurons of the adult brain. *Neurochem Res* 38, 1144-1155
30. Feliciano DM, Su T, Lopez J, Platel JC and Bordey A (2011) Single-cell Tsc1 knockout during corticogenesis generates tuber-like lesions and reduces seizure threshold in mice. *J Clinical Invest* 121, 1596-1607
31. Won H, Mah W and Kim E (2013) Autism spectrum disorder causes, mechanisms, and treatments: focus on neuronal synapses. *Front Molec Neurosci* 6, 19
32. Lahiri DK, Sokol DK, Erickson C, Ray B, Ho CY and Maloney B (2013) Autism as early neurodevelopmental disorder: evidence for an sAPP α -mediated anabolic pathway. *Front Cell Neuro* 7, 94
33. Lin TV, Hsieh L, Kimura T, Malone TJ and Bordey A (2016) Normalizing translation through 4E-BP prevents mTOR-driven cortical mislamination and ameliorates aberrant neuron integration. *Proc Natl Acad Sci U S A* 113, 11330-11335
34. Oron O and Elliott E (2017) Delineating the Common Biological Pathways Perturbed by ASD's Genetic Etiology: Lessons from Network-Based Studies. *Int J Molec Sci* 18, 828
35. Noelanders R and Vleminckx K (2017) How Wnt signaling builds the brain: bridging development and disease. *Neuroscientist* 23, 314-329

36. Jung NH, Janzarik WG, Delvendahl I et al (2013) Impaired induction of long-term potentiation-like plasticity in patients with high-functioning autism and Asperger syndrome. *Dev Med Child Neurol* 55, 83-89
37. Wen Y, Alshikho MJ and Herbert MR (2016) Pathway network analyses for autism reveal multisystem involvement, major overlaps with other diseases and convergence upon MAPK and calcium signaling. *PloS one* 11, e0153329
38. O'Loughlen A, Perez-Morgado MI, Salinas M and Martin ME (2006) N-acetylcysteine abolishes hydrogen peroxide-induced modification of eukaryotic initiation factor 4F activity via distinct signalling pathways. *Cell Signal* 18, 21-31
39. Laplante M and Sabatini DM (2009) mTOR signaling at a glance. *J Cell Sci* 122, 3589-3594
40. Murugan AK, Alzahrani A and Xing M (2013) Mutations in critical domains confer the human mTOR gene strong tumorigenicity. *J Bio Chem*, jbc-M112
41. Conciatori F, Ciuffreda L, Bazzichetto C et al (2018) mTOR cross-talk in cancer and potential for combination therapy. *Cancers* 10, 23
42. Audet-Walsh É, Dufour CR, Yee T et al (2017) Nuclear mTOR acts as a transcriptional integrator of the androgen signaling pathway in prostate cancer. *Genes & Dev.* 31(12), 1228-1242
43. Xu J, Pham CG, Albanese SK et al (2016) Mechanistically distinct cancer-associated mTOR activation clusters predict sensitivity to rapamycin. *J Clin Invest* 126, 3526-3540

44. Davis NM, Sokolosky M, Stadelman K et al (2014) Deregulation of the EGFR/PI3K/PTEN/Akt/mTORC1 pathway in breast cancer: possibilities for therapeutic intervention. *Oncotarget* 5, 4603
45. Samidurai A, Kukreja RC and Das A (2018) Emerging Role of mTOR Signaling-Related miRNAs in Cardiovascular Diseases. *Oxid Med Cell Longev*
46. Viana SD, Reis F and Alves R (2018) Therapeutic Use of mTOR Inhibitors in Renal Diseases: Advances, Drawbacks, and Challenges. *Oxid Medicine Cell Longev*
47. Lawrence J and Nho R (2018) The role of the mammalian target of rapamycin (mTOR) in pulmonary fibrosis. *Inter J Mol Sci* 19, 778
48. Chau GC, Im DU, Kang TM et al (2017) mTOR controls ChREBP transcriptional activity and pancreatic β cell survival under diabetic stress. *J Cell Biol* 216, 2091-2105
49. Striano P, Zara F (2012) Genetics: mutations in mTOR pathway linked to megalencephaly syndromes. *Nat Rev Neurol* 8 (10), 542
50. Mirzaa GM, Campbell CD, Solovieff N et al (2016). Association of MTOR mutations with developmental brain disorders, including megalencephaly, focal cortical dysplasia, and pigmentary mosaicism. *JAMA Neurol* 73, 836-845
51. Lee JH, Huynh M, Silhavy J et al (2012) De novo somatic mutations in components of the PI3K-AKT3-mTOR pathway cause hemimegalencephaly. *Nat Genet* 44 (8), 941
52. Panner A, James CD, Berger MS, Pieper RO (2005) mTOR controls FLIPS translation and TRAIL sensitivity in glioblastoma multiforme cells. *Mol Cell Biol* 25 (20), 8809–23

- 524 53. Lim JS, Kim W, Kang HC et al (2015) Brain somatic mutations in MTOR cause
525 focal cortical dysplasia type II leading to intractable epilepsy. *Nat Med* 21 (4), 395
- 526 54. Ryskalin L, Lazzeri G, Flaibani M et al (2017) mTOR-dependent cell proliferation
527 in the brain. *Biomed Res Int*
- 528 55. Costa-Mattioli M and Monteggia LM (2013) mTOR complexes in
529 neurodevelopmental and neuropsychiatric disorders. *Nat Neurosci* 16 (11), 1537-43
- 530 56. Lee HK, Kwon B, Lemere CA et al (2017) mTORC2 (Rictor) in Alzheimer's
531 disease and reversal of amyloid- β expression-induced insulin resistance and toxicity
532 in rat primary cortical neurons. *J Alz Dis* 56, 1015-1036
- 533 57. Dan HC, Ebbs A, Pasparakis M, Van Dyke T, Basseres DS and Baldwin AS (2014)
534 Akt-dependent activation of mTORC1 Involves phosphorylation of mTOR by
535 IKK α . *J Bio Chem*, jbc-M114
- 536 58. Takei N and Nawa H (2014) mTOR signaling and its roles in normal and abnormal
537 brain development. *Front Mol Neuro* 7, 28
- 538 59. Winden KD, Ebrahimi-Fakhari D and Sahin M (2018) Abnormal mTOR activation
539 in autism. *Annu Rev of Neuro* 41, 1-23
- 540 60. Muranen T, Selfors LM, Worster DT et al (2012) Inhibition of PI3K/mTOR leads to
541 adaptive resistance in matrix-attached cancer cells. *Cancer cell* 21, 227-239
- 542 61. Sawicka K and Zukin RS (2012) Dysregulation of mTOR signaling in
543 neuropsychiatric disorders: therapeutic implications. *Neuropsychopharma* 37, 305
- 544 62. Sharma A, Hoeffler CA, Takayasu Y et al (2010) Dysregulation of mTOR signaling
545 in fragile X syndrome. *J Neurosci* 30, 694-702

- 546 63. Sun J, Liu Y, Moreno S, Baudry M, Bi X(2015) Imbalanced mechanistic target of
 547 rapamycin C1 and C2 activity in the cerebellum of Angelman syndrome mice
 548 impairs motor function. *J Neurosci* 35,4706–18
- 549 64. Piven J, Elison JT and Zylka MJ (2017) Toward a conceptual framework for early
 550 brain and behavior development in autism. *Mol psych* 22, 1385
- 551 65. Lipton JO and Sahin M (2014) The neurology of mTOR. *Neuron* 84, 275-291
- 552 66. Nicolini C and Fahnstock M (2018) The valproic acid-induced rodent model of
 553 autism. *Exper Neuro* 299, 217-227
- 554 67. Liu X, Campanac E, Cheung HH et al (2017) Idiopathic autism: cellular and
 555 molecular phenotypes in pluripotent stem cell-derived neurons. *Mol Neurobiol* 54,
 556 4507-4523
- 557 68. Meyza KZ and Blanchard DC (2017) The BTBR mouse model of idiopathic
 558 autism—Current view on mechanisms. *Neurosci Biobehav Rev* 76, 99-110
- 559 69. Onore C, Yang H, Van de Water J and Ashwood P (2017) Dynamic Akt/mTOR
 560 signaling in children with autism spectrum disorder. *Front Pediat* 5,43
- 561 70. De Rosa BA, El Hokayem J, Artimovich E et al (2018) Convergent Pathways in
 562 Idiopathic Autism Revealed by Time Course Transcriptomic Analysis of Patient-
 563 Derived Neurons. *Scienti Rep* 8, 8423
- 564 71. Showkat M, Beigh MA and Andrabi KI (2014) mTOR signaling in protein
 565 translation regulation: implications in cancer genesis and therapeutic
 566 interventions. *Mol Biol Int*
- 567 72. Kelleher III RJ and Bear MF (2008) The autistic neuron: troubled
 568 translation? *Cell* 135, 401-406

- 569 73. Dowling RJ, Topisirovic I, Alain T et al (2010) mTORC1-mediated cell
 570 proliferation, but not cell growth, controlled by the 4E-BPs. *Science* 328, 1172-
 571 1176
- 572 74. Kanne SM, Gerber AJ, Quirnbach LM, Sparrow SS, Cicchetti DV and Saulnier CA
 573 (2011) The role of adaptive behavior in autism spectrum disorders: Implications for
 574 functional outcome. *J Autism Dev Disord* 41, 1007-1018
- 575 75. Jossé L, Xie J, Proud CG and Smales CM (2016) mTORC1 signalling and
 576 eIF4E/4E-BP1 translation initiation factor stoichiometry influence recombinant
 577 protein productivity from GS-CHOK1 cells. *Biochem J* 473, 4651-4664
- 578 76. Jernigan CS, Goswami DB, Austin MC et al (2011) The mTOR signaling pathway
 579 in the prefrontal cortex is compromised in major depressive disorder. *Prog Neuro-*
 580 *Psychopharmacol Biol Psychiatry* 35, 1774-1779
- 581 77. Xiao Z, Casey KA, Jameson SC, Curtsinger JM and Mescher MF (2009)
 582 Programming for CD8 T cell memory development requires IL-12 or type I IFN. *J*
 583 *Immunol* 182, 2786-2794
- 584 78. Shott RH, Appanah C, Grenier C, Tremblay G, Roucou X and Schang LM (2014)
 585 Development of kinomic analyses to identify dysregulated signaling pathways in
 586 cells expressing cytoplasmic PrP. *Virol J* 11, 175
- 587 79. Cao R, Robinson B, Xu H (2013) Translational control of entrainment and
 588 synchrony of the suprachiasmatic circadian clock by mTOR/4E-BP1
 589 signaling. *Neuron* 79, 712-724
- 590 80. Gkogkas CG, Khoutorsky A, Ran I et al (2013) Autism-related deficits via
 591 dysregulated eIF4E-dependent translational control. *Nature* 493, 371

- 592 81. Dennis MD, Kimball SR and Jefferson LS (2013) Mechanistic target of rapamycin
 593 complex 1 (mTORC1)-mediated phosphorylation is governed by competition
 594 between substrates for interaction with raptor. *J Bio Chem* 288, 10-19
- 595 82. Zhao XF and Gartenhaus RB (2009) Phospho-p70S6K and cdc2/cdk1 as therapeutic
 596 targets for diffuse large B-cell lymphoma. *Expert Opin Ther Targets* 13, 1085-1093
- 597 83. Bahrami BF, Ataie-Kachoie P, Pourgholami MH, and Morris DL (2014) p70
 598 Ribosomal protein S6 kinase (Rps6kb1): an update. *J Clin Pathol* 12, 1019-1025
- 599 84. Bahrami F, Pourgholami MH, Mekkawy AH, Rufener L and Morris DL (2014)
 600 Monepantel induces autophagy in human ovarian cancer cells through disruption of
 601 the mTOR/p70S6K signalling pathway. *Am J Can Res* 4, 558-71
- 602 85. Biever A, Valjent E and Puighermanal E (2015) Ribosomal protein S6
 603 phosphorylation in the nervous system: from regulation to function. *Front Mol*
 604 *Neuro* 8, 75
- 605 86. Kwon CH, Luikart BW, Powell CM et al (2006) Pten regulates neuronal
 606 arborization and social interaction in mice. *Neuron* 50 (3), 377-388
- 607 87. Ogawa S, Kwon CH, Zhou J, Koovakkattu D, Parada LF and Sinton CM (2007) A
 608 seizure-prone phenotype is associated with altered free-running rhythm in Pten
 609 mutant mice. *Brain Res* 1168, 112-123
- 610 88. Lafourcade CA, Lin TV, Feliciano DM, Zhang L, Hsieh LS and Bordey A (2013)
 611 Rheb activation in subventricular zone progenitors leads to heterotopia, ectopic
 612 neuronal differentiation, and rapamycin-sensitive olfactory micronodules and
 613 dendrite hypertrophy of newborn neurons. *J Neurosci* 33 (6), 2419-2431

- 614 89. Tavazoie SF, Alvarez VA, Ridenour DA, Kwiatkowski DJ and Sabatini BL (2005)
615 Regulation of neuronal morphology and function by the tumor suppressors Tsc1 and
616 Tsc2. *Nature neuroscience* 8, 1727
- 617 90. Thomanetz V, Angliker N, Cloëtta D et al (2013) Ablation of the mTORC2
618 component rictor in brain or Purkinje cells affects size and neuron morphology. *J*
619 *Cell Biol*, 201(2), 293-308
- 620 91. Weston MC, Chen H and Swann JW (2014) Loss of mTOR repressors Tsc1 or Pten
621 has divergent effects on excitatory and inhibitory synaptic transmission in single
622 hippocampal neuron cultures. *Front Mol Neurosci* 7, 1
- 623 92. Choi YJ, Di Nardo A, Kramvis I et al (2008) Tuberous sclerosis complex proteins
624 control axon formation. *Genes Dev* 22 (18), 2485-2495
- 625

Figure 1: mTOR signalling pathway and its plethora of functions

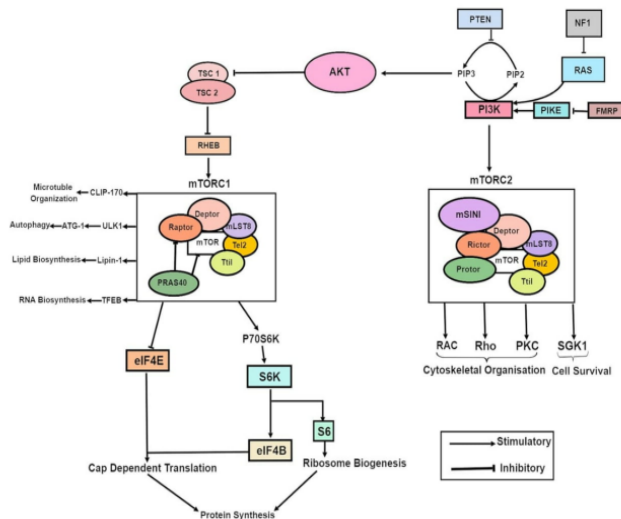


Fig. 1. mTOR signalling pathway and its plethora of functions:

The schematic representation provides an overview of the various molecular inhibitors and stimulators that are involved in mTOR signalling pathway. PTEN, NF1, could inhibit the activation of AKT. AKT when mutated could inhibit the activation of TSC 1 and 2, which is a precursor of mTORC1. FMRP inhibition could lead to deactivation of mTORC2. When stimulated, mTORC1 is involved in various cellular processes including microtubule organisation, autophagy, lipid biosynthesis, RNA biosynthesis and protein synthesis using precursors like CLIP-170, ULK1, Lipin-1, TFEB and P70S6K respectively. Stimulation of mTORC2 leads to proper cytoskeletal organisation through RAC, Rho and PKC. And cell survival is achieved through SGK1.

Figure 2: Cell signalling dysfunction in mTOR signalling pathway leading to syndromic and idiopathic autism

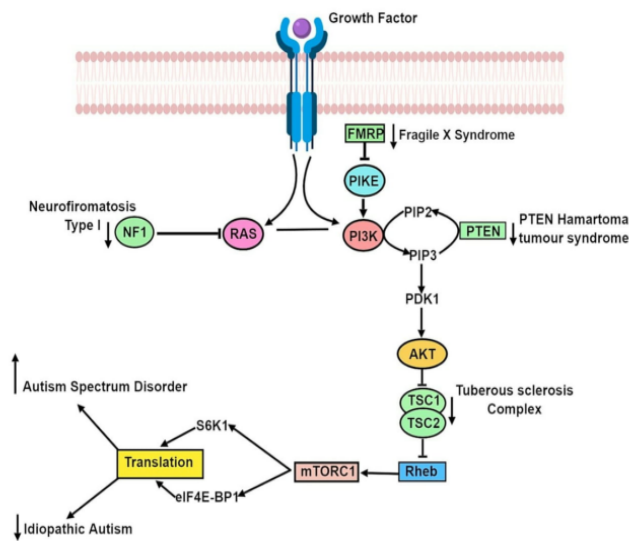


Fig. 2. Cell signalling dysfunction in mTOR signalling pathway leading to syndromic and idiopathic autism. Pictorial illustration of mutations in specific genes FMRP, NF1, PTEN and TSC 1 and 2 leads to loss/ reduction of function causing syndromic autism i.e. fragile X syndrome, Neurofibromatosis type 1, PTEN Hamartoma tumour syndrome and tuberous sclerosis complex respectively. mTORC1 stimulation leads to activation of 4EBP which hinders the translation or activation of P70S6K which triggers translation initiation. Truncated protein synthesis by these downregulators during translation leads to hyperactivation causing Autism Spectrum Disorder or hypoactivation of protein synthesis causing idiopathic autism.

Figure 3: Role of mTOR signalling pathway during protein translation

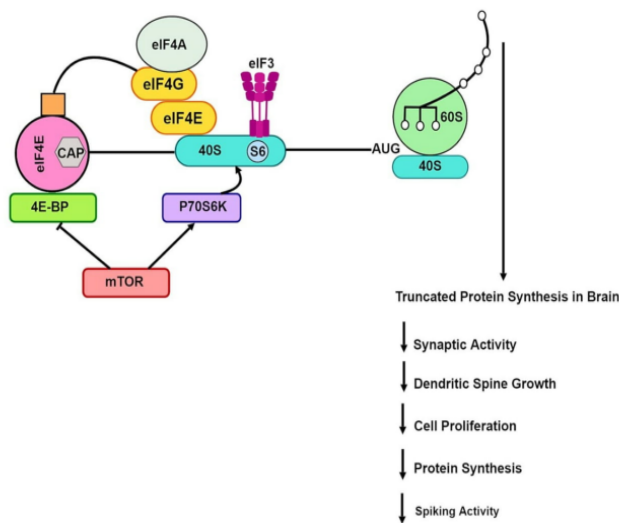


Fig. 3. Role of mTOR signalling pathway during protein translation

Translation initiation at the brain is regulated by various translation initiation factors including eIF3, eIF4A, eIF4B, eIF4G and the cap binding protein eIF4E. Mechanism of mTOR is regulated by either 4E-BP or P70S6K. 4E-BP binds to eIF4E and inhibits the initiation of translation. While, S6 kinase from P70S6K binds to the 40S ribosomal subunit and leads to truncated protein synthesis in the affected regions. The altered translation leads to development of adverse characteristics in the neuronal phenotype of idiopathic autism individuals.

Table 1: mTOR associated molecules and its impact in Autism Spectrum Disorders

mTOR involved molecule (gene/precursor/receptor)	Affected region in brain	Effect of mTOR associated molecule/ Results	Model system	Process involved	Disease induced	Analytical methods	Reference
PTEN	Hippocampus, Cerebral cortex	Macrocephaly, Neurohypertrophy Increased length and thickness in dendritic arbors Variation in response to sensory stimuli, learning and anxiety.	Mouse	AKT/mTOR pathway activation and Gsk3 β inactivation	-	Cre mediated recombination in mice Behavioural testing of mutant mice Immunohistochemical staining Cell counting Golgi staining Electron microscopy EEG/EMG recording	86
PTEN	Hippocampus, Cerebral cortex	Macrocephaly, Neurohypertrophy,	Mouse	Circadian rhythm	-	EEG/EMG recording Wheel running test	87

		Increased seizures, Decreased adaptability to environmental stimuli, Pten's effect on PI3K cascade, inturn affects the circadian rhythm.				Statistical analysis	
Tsc1	Neural progenitor cells in Sub	Heterotropia in RMS and OB	Mouse	Increased mTOR	Tuberous	Electrophoration of plasmid	88
Rheb	Ventricular Zone	Enlarged microglia Cell migration disrupted by Rheb with Mash1 cells at the RMS Neuronal migration speed decreased Increased mTOR signalling does not affect the action potential		signaling	Sclerosis	Migration,morphometric, micronodule assays Immunostaining Confocal microscopy	
Tsc1	Hippocampal pyramidal	Increased phosphorylation of	Mouse	Tsc up/down	Tuberous	Immunostaining	89
Tsc2	neurons	S6 Absence of Tsc1 leads to	Rat	regulation	sclerosis	Two-photon laser scanning microscopy	

		increase in soma size but decrease, decrease in dendritic spines, increased synaptic current				Electrophysiology	
Rictor	Central Nervous System Purkinje cells	mTORC2 affects cell size, Neuronal morphology and function Only RiPuKO mice had synaptic functional changes mTORC2 plays key role in synaptic homeostasis	Mouse	Rictor deficiency	-	Immunohistochemical analysis Electrophysiological analysis Biochemical analysis RT-PCR Mouse behaviour analysis	90
Tsc1 Pten	Hippocampal neurons	Increase in action potential, dendrite length and soma size Tsc1 loss does not affect the excitatory neurons, unlike pten which increases it Excitation to inhibition ration in the neural network is altered	Mouse	Excitatory and inhibitory synaptic transmission	-	Electrophysiological analysis Immunocytochemistry	91

Tsc1	Axon	Tsc1/2 plays an important	Mouse	Polarised activation	Tuberous	Transfection	92
Tsc2		role in axon formation, neural		and inactivation of	sclerosis	Lentiviral infection	
		polarity		Tsc pathway		Immunocytochemistry	
		Tsc2 inhibition leads to				Immunohistochemistry	
		mTOR activation					
		Tsc/mTOR pathway leads to					
		axonal regeneration					