

BMB Reports – Manuscript Submission

Manuscript Draft

**Manuscript Number:** BMB-17-198

**Title:** Selective regulation of osteoclast adhesion and spreading by PLC $\gamma$ /PKC $\alpha$ -PKC $\delta$ /RhoA-Rac1 signaling

**Article Type:** Article

**Keywords:** Osteoclast adhesion; Osteoclast spreading; Integrin  $\alpha\text{v}\beta 3$ ; Phospholipase C; Protein kinase C

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**Running Title:** Regulation of osteoclast adhesion and spreading

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**ABSTRACT**

Bone resorption by multinucleated osteoclasts is a multistep process involving adhesion to the bone matrix, migration to resorption sites, and formation of sealing zones and ruffled borders. Macrophage colony-stimulating factor (M-CSF) and osteopontin (OPN) have been shown to be involved in the bone resorption process by respective activation of integrin  $\alpha\beta3$  via “inside-out” and “outside-in” signaling. In this study, we investigated the link between signal modulators known to M-CSF- and OPN-induced osteoclast adhesion and spreading. M-CSF- and OPN-induced osteoclast adhesion was achieved via activation of stepwise signals, including integrin  $\alpha\beta3$ , PLC $\gamma$ , PKC $\delta$ , and Rac1. Osteoclast spreading induced by M-CSF and OPN was shown to be controlled via sequential activation, consistent with the osteoclast adhesion processes. In contrast to osteoclast adhesion, osteoclast spreading induced by M-CSF and OPN was blocked via activation of PLC $\gamma$ /PKC $\alpha$ /RhoA signaling. The combined results indicate that osteoclast adhesion and spreading are selectively regulated via PLC $\gamma$ /PKC $\alpha$ -PKC $\delta$ /RhoA-Rac1 signaling.

## INTRODUCTION

Osteoclast-mediated bone resorption is known to be a critical process in the development and physiology of the skeleton (1). Multinucleated mature osteoclasts repeatedly resorb old bone matrix and migrate to future bone resorption sites in a process referred to as the resorption cycle (2, 3). The resorption cycle of osteoclasts plays an important role in bone remodeling (4). In the initial stage of bone resorption, osteoclasts adhere to the bone surface via interactions with integrin, a large family of cell adhesion receptors. Integrin consists of  $\alpha$  and  $\beta$  subunits and transmits cell-cell and cell-extracellular cellular matrix (ECM) interactions (5). Binding of integrin to its ligand activates signal transduction pathways, which lead to cell adhesion, spreading, and cytoskeletal reorganization. Among integrin isoforms, integrin  $\alpha\beta3$  is predominantly expressed on the cytoplasmic surface of osteoclasts and interacts with bone matrix proteins such as osteopontin (OPN) and bone sialoprotein II (6) as well as participates in adhesion to bone, cytoskeletal reorganization, and bone resorption. It is also known that macrophage colony-stimulating factor (M-CSF) and hepatocyte growth factor (HGF) mediate osteoclast adhesion and spreading via integrin  $\alpha\beta3$ -dependent mode (5). Coupling between  $\alpha\beta3$  and its binding partner triggers multiple signaling factors, such as phosphatidylinositol 3-kinase (PI3K), protein kinase C (PKC), phospholipase C (PLC), proline-rich tyrosine kinase (PYK2), c-Src, and small GTPases (7-12). Specifically, binding of M-CSF to its receptor, c-Fms, activates  $\alpha\beta3$  and subsequent downstream signaling molecules, including PLC $\gamma$ , PI3K, and small GTPases, via “inside-out” signaling (5, 7, 10). Further, direct interaction of OPN with  $\alpha\beta3$  was found to activate PYK2, c-Src, PI3K, and PLC $\gamma$  via “outside in” signaling (10, 13) as well as enhance osteoclast survival and function by facilitating the Ca<sup>2+</sup>-dependent transcription factor NFATc1 pathway (14), which is essential for osteoclast differentiation.

PLC $\gamma$  is a common downstream effector for integrin  $\alpha\beta3$ - and M-CSF-mediated signaling

in pre-fusion osteoclasts (10). Suppression of PLC $\gamma$ 2 has been shown to reduce cell adhesion, migration, and bone resorption in osteoclasts (15). PLC generates diacylglycerol and inositol-triphosphate, leading to PKC activation and calcium release from the endoplasmic reticulum (16). PKC $\alpha$  is thought to play a key role in integrin  $\alpha$ v $\beta$ 3-mediated signal transduction, osteoclast migration, and bone resorption (12). On the contrary, the functional roles of other PKC isoforms in osteoclast adhesion and spreading have not been fully understood. PKC is known to activate downstream small GTPase cascades involved in the modulation of integrin-mediated cytoskeletal organization (17, 18). For example, small GTPases (Rho and Rac) have been reported to organize and maintain cellular cytoskeletal structures in osteoclasts (19). Despite osteoclast adhesion and spreading being associated with various signal molecules, sequential coordination between signal modulators in osteoclast adhesion and spreading induced by M-CSF and OPN is not well understood. Here, we observed that consecutive activation of the PLC $\gamma$ /PKC $\delta$ /Rac1 signal axis governs osteoclast adhesion and spreading induced by M-CSF and OPN. Further, the results show that signal activation via PLC $\gamma$ /PKC $\alpha$ /RhoA plays a negative role in osteoclast spreading but not osteoclast adhesion.

## RESULTS AND DISCUSSION

### **Osteoclast adhesion and spreading mediated by M-CSF and OPN share integrin $\alpha\text{v}\beta 3$ /PLC $\gamma$ signaling**

Growth factors and extracellular matrix proteins have been identified as activators for inducing cell adhesion and spreading in an integrin-dependent manner (5, 6, 10, 20). We first examined the effects of M-CSF and OPN on osteoclast adhesion and spreading. M-CSF and OPN promoted adhesion and spreading of mature osteoclasts (Fig. 1). M-CSF and OPN in osteoclasts are known to converge at integrin  $\alpha\text{v}\beta 3$  activation via “inside-out” signaling and “outside-in” signaling, respectively (5, 6). Thus, we investigated whether or not enhanced adhesion and spreading induced by M-CSF or OPN in mature osteoclasts are dependent upon integrin  $\alpha\text{v}\beta 3$ . Treatment with functional blocking antibodies against integrins  $\alpha\text{v}$  and  $\beta 3$  suppressed osteoclast adhesion and spreading in response to M-CSF and OPN (Fig. 2A and B). These results indicate that M-CSF and OPN facilitate osteoclast adhesion and spreading via an integrin  $\alpha\text{v}\beta 3$ -dependent pathway. Since integrin  $\alpha\text{v}\beta 3$  was reported to activate PLC $\gamma 1$  and PLC $\gamma 2$  as well as foster their recruitment to  $\alpha\text{v}\beta 3$  in pre-fusion osteoclasts (10), we also examined whether or not PLC $\gamma$  activation is required for M-CSF- and OPN-induced adhesion and spreading in osteoclasts. Treatment with PLC $\gamma$  inhibitor (U73122) blocked M-CSF- and OPN-induced osteoclast adhesion and spreading in a dose-dependent manner (Fig. 2C and D). These results indicate that M-CSF- and OPN-induced osteoclast adhesion and spreading progress via “inside-out” signaling and “outside-in” signaling depending on integrin  $\alpha\text{v}\beta 3$ , respectively, and share  $\alpha\text{v}\beta 3$  and PLC $\gamma$  signaling.

### **PLC $\gamma$ activates PKC $\alpha$ and PKC $\delta$ during osteoclast adhesion and spreading**

PKCs are known to be downstream effectors of integrin-mediated PLC $\gamma$  signaling (21) and M-CSF has been reported to specifically stimulate PKC $\alpha$  and PKC $\delta$  among PKC isoforms in

osteoclast precursors (22). Here, we investigated the relationship between PLC $\gamma$  and PKC upon treatment with M-CSF or OPN in mature osteoclasts. PKC $\alpha$  and PKC $\delta$  were efficiently translocated into the osteoclastic cytoplasmic membrane in response to M-CSF or OPN (Fig. 3A and B). Moreover, phosphorylation levels of PKC $\alpha$  and PKC $\delta$  in membrane fractions were elevated after treatment with M-CSF or OPN. However, active forms of PKC $\alpha$  and PKC $\delta$  induced by M-CSF or OPN disappeared after treatment with PLC $\gamma$  inhibitor (U73122). These findings indicate that M-CSF or OPN induces serial activation of PLC $\gamma$  and PKC $\alpha$ /PKC $\delta$  signal during osteoclast adhesion and spreading. Further, we observed that osteoclast adhesion and spreading induced by M-CSF or OPN were suppressed by treatment with PKC $\delta$  inhibitor (rottlerin) but not PKC $\alpha$  inhibitor (Gö6976) (Fig. 3C and D). Interestingly, PKC $\alpha$  inactivation led to an approximately 1.5-fold increase in M-CSF- and OPN-induced osteoclast spreading compared to the control, indicating that PKC $\alpha$  negatively regulates osteoclast spreading. These results indicate that PKC $\delta$  is necessary for both osteoclast adhesion and spreading, whereas PKC $\alpha$  plays a negative role in osteoclast spreading.

#### **PKC $\alpha$ and PKC $\delta$ selectively regulate activities of RhoA and Rac1 during osteoclast adhesion and spreading**

Small GTPases have been reported to regulate integrin-dependent cell morphological changes, including formation of stress fibers, lamellipodia, and filopodia (5, 23, 24). It is also known that small GTPases (Rho and Rac) regulate cell spreading and cytoskeleton organization (2, 19). Since small GTPases are reported to be downstream effectors of the PKC signaling pathway (22, 25), we investigated whether or not M-CSF or OPN is involved in regulating the activities of small GTPases (RhoA and Rac1) in osteoclasts. As shown in Fig. 4A and B,

elevation of RhoA activity by M-CSF or OPN was reduced by treatment with either PKC $\alpha$  inhibitor (Gö6976) or PKC $\delta$  inhibitor (rottlerin). Specifically, the stimulatory effect of M-CSF and OPN on Rac1 activity was suppressed by treatment with PKC $\delta$  inhibitor but not PKC $\alpha$  inhibitor. These results indicate that PKC $\delta$  controls both RhoA and Rac1 activities, and PKC $\alpha$  regulates only RhoA activity during M-CSF- and OPN-induced osteoclast stimulation. Further, we observed that osteoclast adhesion and spreading induced by M-CSF or OPN were suppressed by treatment with Rac1 inhibitor (NSC23766) but not RhoA inhibitor (Y27632) (Fig. 4C and D). Particularly, RhoA inactivation led to an approximately 1.5-fold increase in M-CSF- and OPN-induced osteoclast spreading compared to the control, indicating that RhoA signaling is involved in inhibition of osteoclast spreading. The combined results indicate that PKC $\delta$ -mediated Rac1 activation is involved in both osteoclast adhesion and spreading, whereas PKC $\alpha$ -mediated RhoA activation negatively regulates osteoclast spreading but not osteoclast adhesion. Seesaw-like crosstalk between extracellular signal-regulated kinase (ERK) and p38 activation has been reported to occur during RANKL-induced osteoclastogenesis (26, 27). Treatment with p38 inhibitors resulted in increased ERK activation, and ERK inhibitors caused an increase in p38 activation. Consistent with these results, it is also possible that the treatment of PKC $\alpha$  or RhoA inhibitors may lead to the activation of PKC $\delta$  or Rac1.

For bone resorption, multinucleated osteoclasts derived from hematopoietic stem cells adhere to the bone surface via integrin  $\alpha\text{v}\beta 3$  present in the cytoplasmic membrane, resulting in the formation of a large and dense F-actin ring called the sealing zone and ruffled border (1, 2, 28). Osteoclast adhesion and subsequent spreading are critical in the initial stage of bone resorption by osteoclasts. Afterward, osteoclasts can resorb old or damaged bone by sequential repeated processes, including cell contraction, cell spreading by disassembling the sealing zone, and cell migration.



Here, we analyzed the regulatory mechanisms underlying osteoclast adhesion and spreading induced by M-CSF or OPN. As summarized in Fig. 4E, integrin  $\alpha\text{v}\beta 3$  in the surface of osteoclasts is activated by binding of M-CSF to c-Fms receptor in a process termed “inside-out” signaling. Further, OPN directly binds to and stimulates integrin  $\alpha\text{v}\beta 3$  in a process termed “outside-in” signaling. Integrin  $\alpha\text{v}\beta 3$  activated by M-CSF or OPN allows the initial adhesion of osteoclasts for bone resorption and subsequent spreading process via PLC $\gamma$ /PKC $\delta$ /Rac1 signaling. Additionally, we observed that PLC $\gamma$ /PKC $\alpha$ /RhoA signaling stimulated by M-CSF or OPN plays a negative role in osteoclast spreading with no effect on osteoclast adhesion. Overall, our findings suggest that osteoclast adhesion and spreading are differentially regulated via PLC $\gamma$ /PKC $\alpha$ -PKC $\delta$ /RhoA-Rac1 signaling.

## MATERIALS AND METHODS

### Antibodies and inhibitors

Antibodies specific for phosphorylated-PKC $\alpha$  and phosphorylated-PKC $\delta$  were from Cell Signaling (Beverly, MA, USA); antibodies for PKC $\alpha$ , PKC $\delta$ , integrins  $\alpha_v$  and  $\beta_3$ , and actin were from Santa Cruz Biotechnology (Santa Cruz, CA, USA). U73122 was obtained from Sigma-Aldrich (St. Louis, MO, USA). Gö6976, rottlerin, Y27632, and NSC23766 were from Calbiochem (San Diego, CA, USA).

### Osteoclast differentiation

Bone marrow-derived monocytes were isolated from the long bones of 6-week-old C57BL/6 male mice by flushing the bone marrow cavity with minimum essential medium- $\alpha$  ( $\alpha$ -MEM; Hyclone, Logan, Utah, USA). Cells were centrifuged and the red blood cells were removed using red blood cell lysis buffer (Sigma-Aldrich). Next, cells were incubated with  $\alpha$ -MEM containing 10% fetal bovine serum (FBS; Hyclone) and M-CSF (5 ng/ml) for 12 h. The non-adherent cells were collected, plated on 100-mm culture dishes, and further cultured for 3 days with  $\alpha$ -MEM containing M-CSF (30 ng/ml) to generate bone marrow-derived osteoclast precursors. Osteoclast precursors were differentiated into osteoclasts in  $\alpha$ -MEM supplemented with M-CSF (30 ng/ml) and receptor activator of nuclear factor  $\kappa$ B ligand (RANKL; 100 ng/ml) for 4 days with a change of medium on day 2.

### Cell adhesion and spreading assays

Cell adhesion and spreading assays were performed as previously described (29). For M-CSF-induced osteoclast adhesion and spreading assays, osteoclasts were detached with cell dissociation solution (Sigma-Aldrich) and resuspended in  $\alpha$ -MEM. The suspended osteoclasts treated with M-CSF (30 ng/ml) were seeded at a density of  $2 \times 10^4$  cells per well in 96-well

culture plates and then incubated at 37°C for 1 h (for cell adhesion) or 4 h (for cell spreading). For OPN-coated osteoclast adhesion and spreading experiments, 96-well culture plates were coated with OPN (10 µg/ml; Sigma-Aldrich) for 12 h at 4°C. The OPN-coated plates were blocked with 1% bovine serum albumin (BSA) in PBS for 1 h at 37°C and then washed with PBS. The osteoclasts detached from culture dish were seeded at a density of  $2 \times 10^4$  cells per well in OPN-coated 96-well culture plates and incubated at 37°C 1 h (for cell adhesion) or 4 h (for cell spreading). The attached osteoclasts were fixed with 3.7% (v/v) formaldehyde and stained for tartrate-resistant acid phosphatase (TRAP) with a leukocyte acid phosphatase staining kit provided from Sigma-Aldrich. To assess cell adhesion, TRAP-positive multinucleated osteoclasts were counted under a light microscope. The extent of cell spreading was evaluated by measuring the surface area of osteoclasts using Image-Pro plus software (Version 6.0; Media Cybernetics, Rockville, MD, USA). Data are presented as the mean percentage relative to the control.

### **Subcellular fractionation and immunoblot analysis**

Subcellular fractionation of cytosolic and membrane proteins was carried out using a plasma membrane protein extraction kit (Biovision, Milpitas, CA, USA) according to the manufacturer's protocols as described previously (29). After cells were lysed with homogenization buffer (Biovision) and centrifuged at  $12,000 \times g$  for 30 min, the supernatants were collected as the cytosolic fraction. The pellets were solubilized with RIPA buffer (50 mM Tris-HCl, pH 7.4, 150 mM NaCl, 1 mM EDTA, 1% NP40, 1% SDS, 1 mM PMSF, 1 mM  $\text{Na}_3\text{VO}_4$ , 1 mM glycerol phosphate, and protease inhibitor cocktail) and sonicated for 30 s on ice. After centrifugation at  $10,000 \times g$  for 30 min, the supernatants were collected as the membrane fraction. The fractionated proteins were denatured using SDS sample buffer (50 mM Tris-HCl, pH 6.8, 2% SDS, 10% glycerol, 0.1% bromophenol blue, and 50 mM

dithiothreitol) and subjected to 10% SDS-PAGE. The separated proteins were electro-transferred to nitrocellulose membranes and probed with primary antibodies and appropriate HRP-conjugated secondary antibodies. All blots were then developed with ECL reagent (Abfrontier, Seoul, Korea).

### **Small GTPases activation assays**

Small GTPase activation assays were performed using a small GTPase G-LISA activation assay kit (Cytoskeleton Inc., Denver, CO, USA) according to the manufacturer's procedures. To assess relative activities of small GTPases (RhoA and Rac1), the resultant absorbance was read at 450 nm using an ELISA microplate reader model 680 (Bio-Rad, Hercules, CA, USA).

### **Statistical analysis**

All values are presented as means  $\pm$  S.D. ( $n = 3$ ). The difference among multiple groups was analyzed using one-way ANOVA analysis with Tukey's test.  $P$  value of  $<0.05$  was considered to be significant. These analyses were performed using the program GraphPad Prism 6 (GraphPad Software Inc., La Jolla, CA, USA).

**ACKNOWLEDGMENTS**

This work was supported by grants from the Korea Healthcare Technology R&D Project, Ministry for Health, Welfare, Family Affairs, Republic of Korea (No. HI15C2164 to D.J.), and the National Research Foundation of Korea (No. 2015R1A5A2009124 to D.J. and 2016R1A6A3A11930818 to K.L.; Research Fellow).

## CONFLICTS OF INTEREST

The authors have no conflicting financial interests.

## FIGURE LEGENDS

**Fig. 1.** M-CSF- and OPN-induced osteoclast adhesion and spreading. (A) Effects of M-CSF on osteoclast adhesion and spreading. For osteoclast adhesion and spreading induced by M-CSF, suspended osteoclasts treated with M-CSF (30 ng/ml) were seeded on culture plates and incubated for 1 h (for cell adhesion) or 4 h (for cell spreading). (B) Effects of OPN on osteoclast adhesion and spreading. For osteoclast adhesion and spreading by OPN, osteoclasts were incubated in OPN-coated culture plates for 1 h (for cell adhesion) or 4 h (for cell spreading). The attached osteoclasts were fixed and stained with TRAP. Osteoclast adhesion and spreading were assessed by counting the number of TRAP-positive multinucleated osteoclasts and by measuring the surface area of osteoclasts, respectively. The upper panel shows representative phase-contrast images. Data are expressed as the mean  $\pm$  S.D. ( $n = 3$ ) and presented as mean percentage relative to control.  $*P < 0.01$ ;  $**P < 0.05$ . Scale bars, 50  $\mu\text{m}$ .

**Fig. 2.** Osteoclast adhesion and spreading induced by M-CSF or OPN are dependent on integrin  $\alpha\text{v}\beta 3$  and PLC $\gamma$ . (A) Effects of functional blocking antibodies against integrins  $\alpha\text{v}$  and  $\beta 3$  on M-CSF-mediated osteoclast adhesion and spreading. For cell adhesion, suspended osteoclasts treated with anti-integrin  $\alpha\text{v}$  antibody (10  $\mu\text{g/ml}$ ) or anti-integrin  $\beta 3$  antibody (10  $\mu\text{g/ml}$ ) for 15 min were exposed to M-CSF (30 ng/ml), seeded on culture plates, and incubated for 1 h. For cell spreading, attached osteoclasts treated with M-CSF for 1 h were incubated with anti-integrin  $\alpha\text{v}$  antibody (10  $\mu\text{g/ml}$ ) or anti-integrin  $\beta 3$  antibody (10  $\mu\text{g/ml}$ ) for 3 h. (B) Effects of functional blocking antibodies against integrins  $\alpha\text{v}$  and  $\beta 3$  on OPN-mediated osteoclast adhesion and spreading. For cell adhesion, suspended osteoclasts treated with the indicated antibodies for 15 min were seeded on OPN-coated culture plates and incubated for 1 h. For cell spreading, the suspended osteoclasts were incubated in OPN-

coated culture plates for 1 h and further treated with the indicated antibodies for 3 h. (C and D) Effects of PLC $\gamma$  inhibitor on osteoclast adhesion and spreading mediated by M-CSF or OPN. Assessment of M-CSF- and OPN-mediated osteoclast adhesion and spreading using PLC $\gamma$  inhibitor (U73122) was performed according to the same procedures as in (A) and (B). Then, osteoclast adhesion and spreading were evaluated as described in the part of Materials and Methods. Data are expressed as the mean  $\pm$  S.D. ( $n = 3$ ) and presented as mean percentage relative to control. \* $P < 0.01$ ; \*\* $P < 0.05$ .

**Fig. 3.** PLC $\gamma$  regulates PKC $\alpha$  and PKC $\delta$  in osteoclast adhesion and spreading. (A and B) M-CSF or OPN activates PKC $\alpha$  and PKC $\delta$  via PLC $\gamma$  signaling. (A) Mature osteoclasts were exposed to M-CSF-starved conditions for 4 h, treated with PLC $\gamma$  inhibitor (U73122; 1  $\mu$ M) for 30 min, and stimulated with M-CSF (30 ng/ml) for 5 min. (B) M-CSF-starved suspended osteoclasts pretreated with PLC $\gamma$  inhibitor (U73122; 1  $\mu$ M) for 15 min were seeded on OPN-coated culture plates and further incubated for 30 min. Fractionated cytosolic and membranous proteins were subjected to immunoblot analysis with the indicated antibodies. Actin was used for a loading control. (C and D) PKC $\alpha$  and PKC $\delta$  signals involved in osteoclast adhesion and spreading induced by M-CSF or OPN. Effects of PKC $\alpha$  inhibitor (Gö6976; 1  $\mu$ M) and PKC $\delta$  inhibitor (rottlerin; 5  $\mu$ M) on M-CSF- and OPN-mediated osteoclast adhesion and spreading were assessed by the same procedures as described in the legend of Fig. 2. Data are expressed as the mean  $\pm$  S.D. ( $n = 3$ ) and presented as mean percentage relative to control. \* $P < 0.01$ ; \*\* $P < 0.05$ .

**Fig. 4.** Small GTPases activated by M-CSF or OPN modulate osteoclast adhesion and spreading. (A and B) PKC $\alpha$  and PKC $\delta$  activated by M-CSF or OPN modulate the activities of RhoA and Rac1. Effects of PKC $\alpha$  inhibitor (Gö6976; 1  $\mu$ M) and PKC $\delta$  inhibitor (rottlerin;



5  $\mu$ M) on RhoA and Rac1 activities were assessed and data are expressed as the mean  $\pm$  S.D. ( $n = 3$ ).  $*P < 0.01$ ;  $**P < 0.05$ . (C and D) The effects of RhoA inhibitor (Y27632; 10  $\mu$ M) and Rac1 inhibitor (NSC23766; 100  $\mu$ M) on M-CSF- and OPN-mediated osteoclast adhesion and spreading were assessed by the same procedures as described in the legend of Fig. 2. Data are expressed as the mean  $\pm$  S.D. ( $n = 3$ ) and presented as mean percentage relative to control.  $*P < 0.01$ ;  $**P < 0.05$ . (E) Proposed model for M-CSF- and OPN-induced osteoclast adhesion and spreading. Integrin  $\alpha$ v $\beta$ 3 activation in response to M-CSF or OPN induces osteoclast adhesion via PLC $\gamma$ /PKC $\delta$ /Rac1 signal transduction. After cell adhesion, osteoclast spreading was activated via integrin  $\alpha$ v $\beta$ 3-mediated PLC $\gamma$ /PKC $\delta$ /Rac1 signaling but suppressed via PLC $\gamma$ /PKC $\alpha$ /RhoA signaling.

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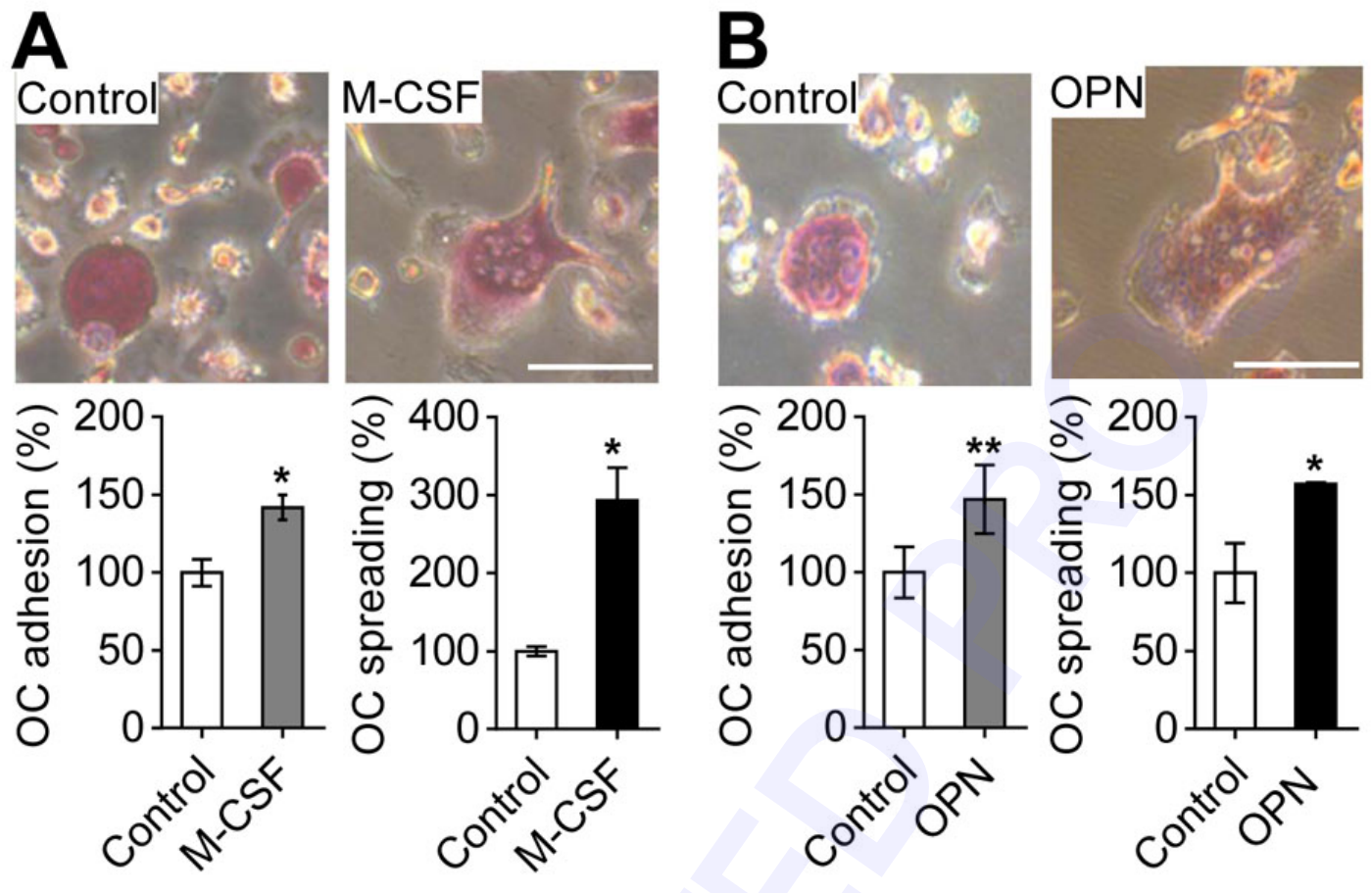


Fig. 1. Fig. 1

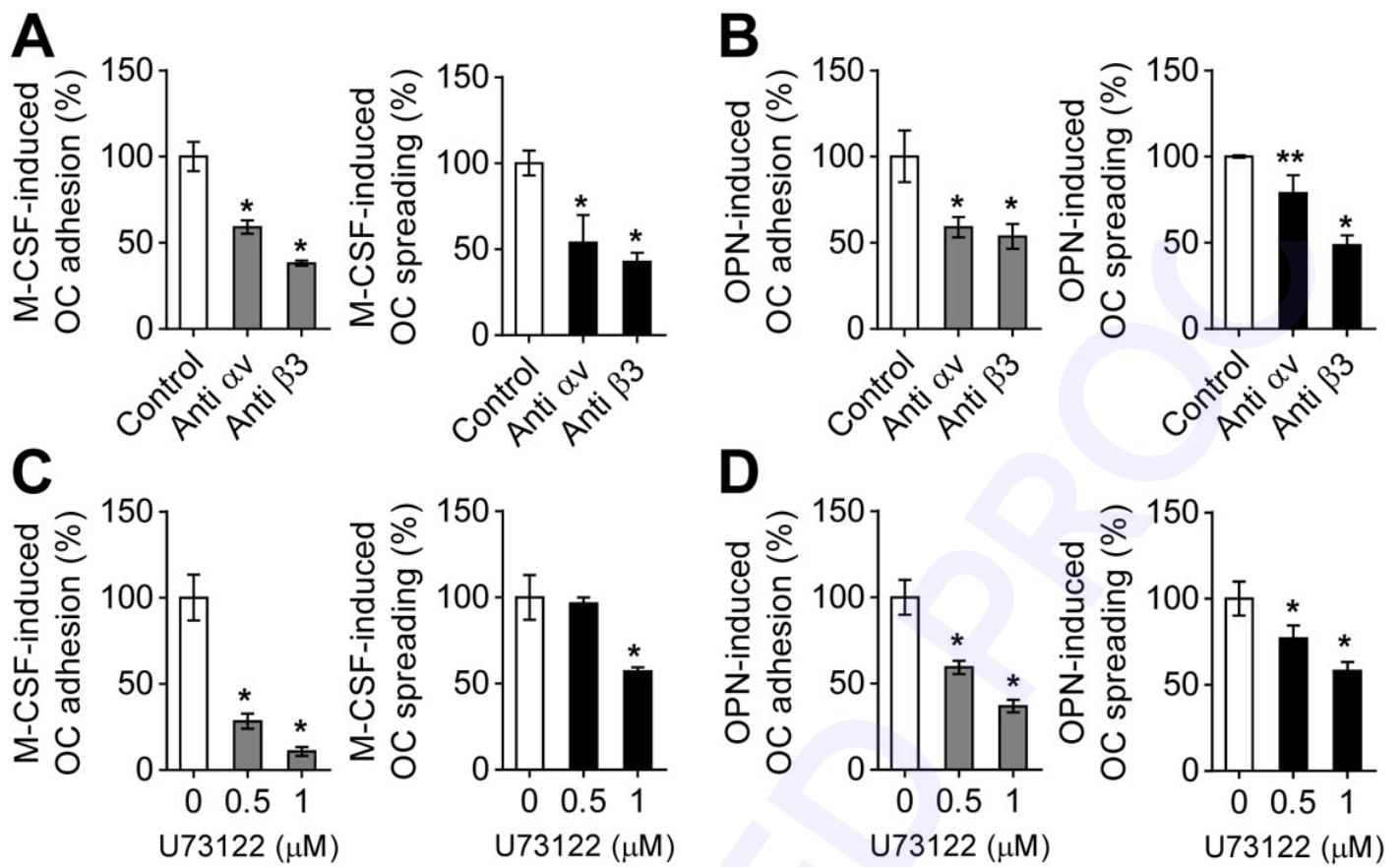


Fig. 2. Fig. 2



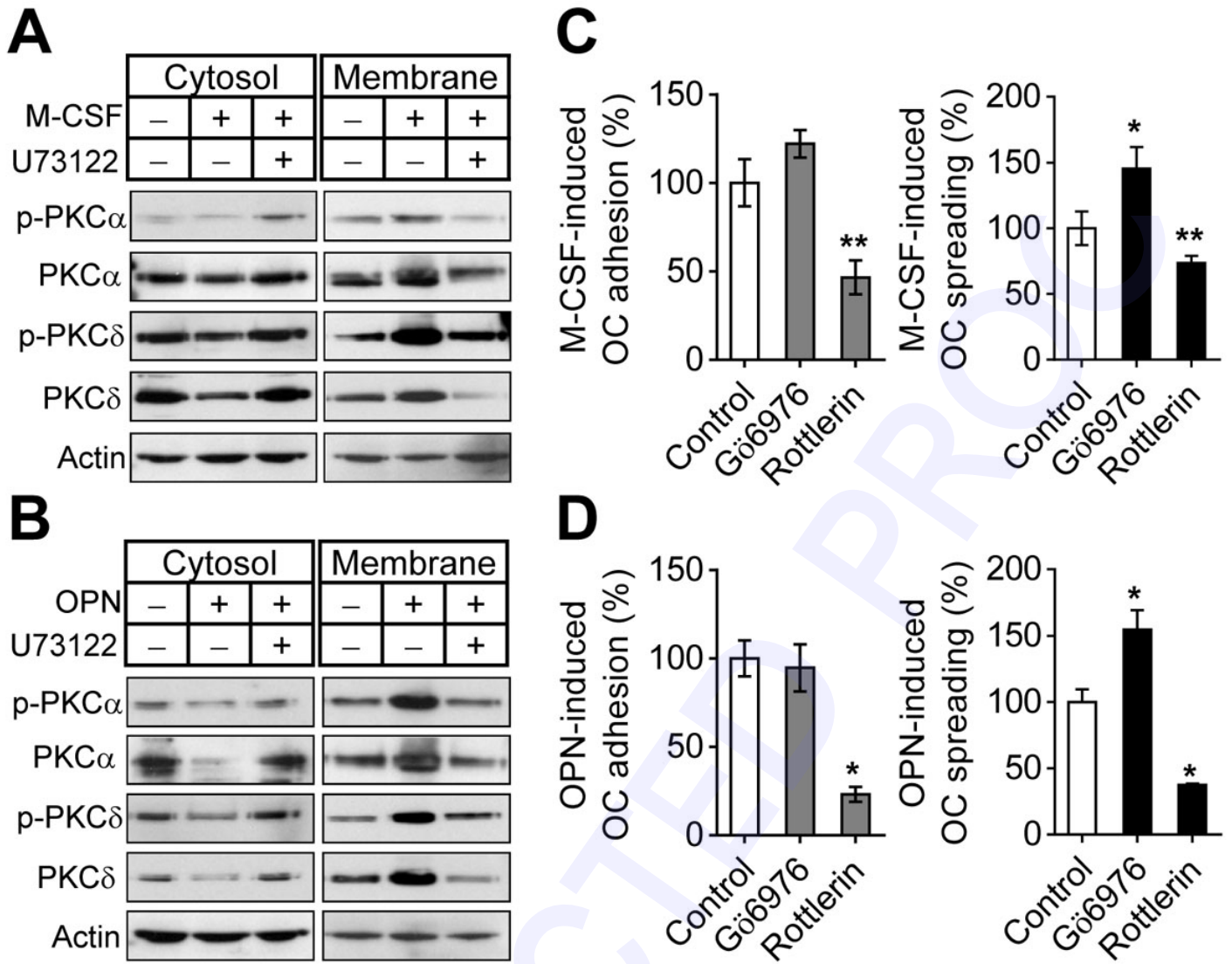


Fig. 3. Fig. 3



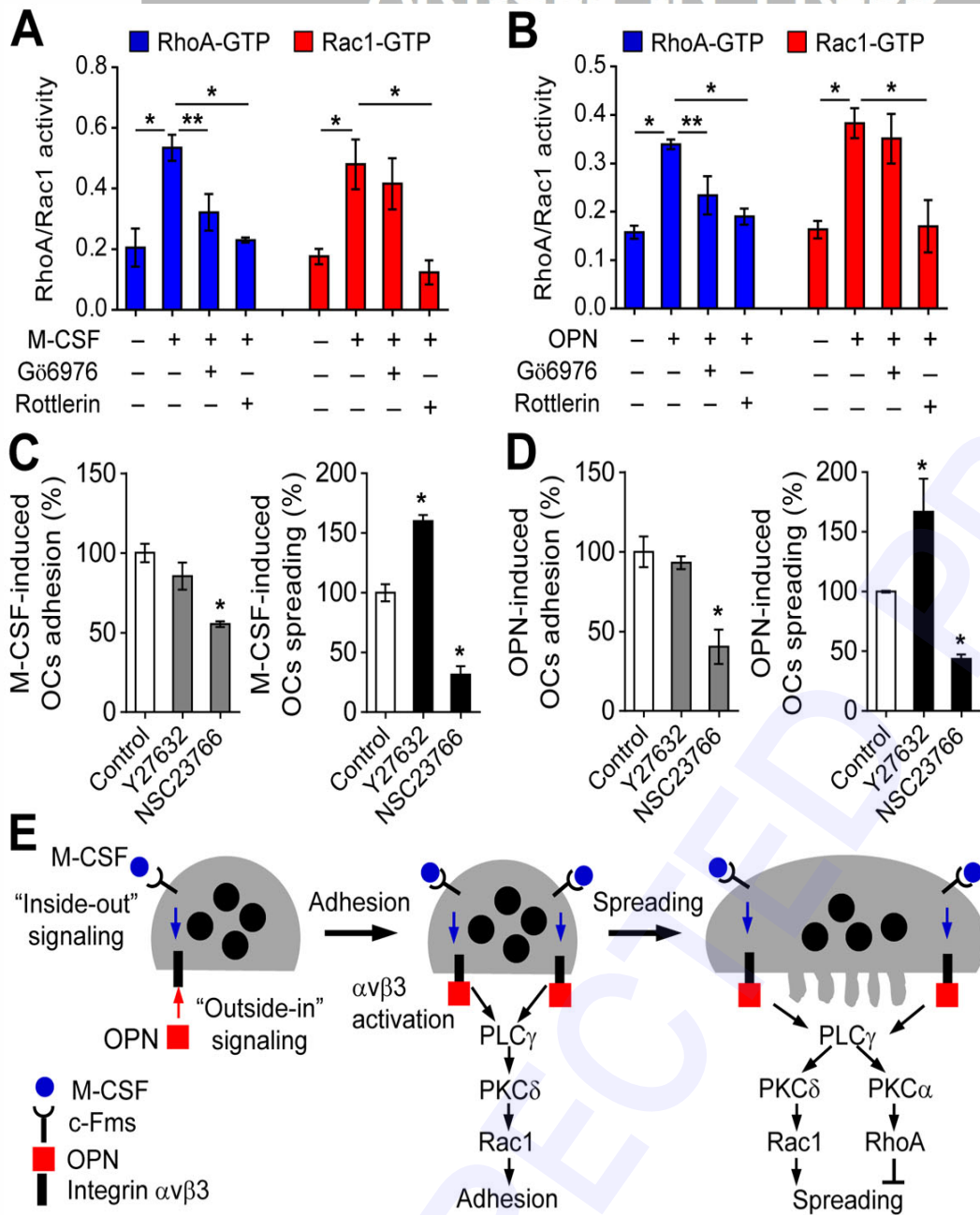


Fig. 4.