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1 **Manuscript Type:** Article

2 **Discovery of 14-3-3 zeta as a potential biomarker for cardiac hypertrophy**

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11 **Running title:** 14-3-3 protein-zeta in cardiac hypertrophy

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21 **ABSTRACT**

22 Acute myocardial infarction (AMI) is a multifaceted syndrome influenced by the functions of
23 various extrinsic and intrinsic pathways and pathological processes, which can be detected in
24 circulation using biomarkers. In this study, we investigated the secretome protein profile of
25 induced-hypertrophy cardiomyocytes to identify next-generation biomarkers for AMI
26 diagnosis and management. Hypertrophy was successfully induced in immortalized human
27 cardiomyocytes (T0445) by 200 nM ET-1 and 1 μ M Ang II. The protein profiles of
28 hypertrophied cardiomyocyte secretomes were analyzed by nano-liquid chromatography with
29 tandem mass spectrometry and differentially expressed proteins that have been identified by
30 Ingenuity Pathway Analysis. The levels of 32 proteins increased significantly (>1.4 fold),
31 whereas 17 proteins (<0.5 fold) showed a rapid decrease in expression. Proteomic analysis
32 showed significant upregulation of six 14-3-3 protein isoforms in hypertrophied
33 cardiomyocytes compared to those in control cells. Multi-reaction monitoring results of human
34 plasma samples showed that 14-3-3 protein-zeta levels were significantly elevated in patients
35 with AMI compared to those of healthy controls. These findings elucidated the role of 14-3-3
36 protein-zeta in cardiac hypertrophy and cardiovascular disorders and demonstrated its potential
37 as a novel biomarker and therapeutic strategy.

38 **Keywords:** 14-3-3 protein-zeta, cardiac hypertrophy induced cell, proteomic biomarker, acute
39 myocardial infarction

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43 INTRODUCTION

44 Cardiovascular diseases (CVDs) are a group of conditions that affect the heart and blood
45 vessels, and they are the leading cause of death worldwide. According to the World Health
46 Organization, CVDs account for over 17 million deaths each year, which is approximately 31%
47 of all deaths worldwide (1). Hypertrophic cardiomyopathy (HCM) is a common genetic cardiac
48 disease with a distribution of 1:200–1:500 in the general population (2). HCM is also associated
49 with various severe symptoms including heart failure, valvular heart disease, arrhythmias, heart
50 attack, and left ventricular hypertrophy. Diagnosing heart disorders is often difficult, and HCM
51 is typically confirmed by cardiovascular imaging combined with echocardiography. However,
52 diagnosis remains challenging for clinicians because of the diversity in disease manifestations
53 along with differences in ventricular mass or morphologic expression across patients (3). The
54 limited self-renewal capacity of myocardial cells complicates survival evaluation for patients
55 with heart failure (4). Therefore, understanding the biological processes leading to
56 cardiomyocyte hypertrophy and apoptosis is crucial for developing effective therapies (5).
57 Proteomic studies have provided insights into the mechanisms underlying CVDs, especially in
58 the development of biomarkers.

59 Current protein biomarkers for heart diseases include troponin I and T, myoglobin, creatine
60 kinase, and creatine kinase-myoglobin (6). Natriuretic peptides are the most extensively studied
61 but have not been used as biomarkers in clinical applications (7). Abnormal troponin expression
62 is widely used as a diagnostic and prognostic marker for heart diseases. Troponin I and troponin
63 T are highly sensitive in clinical samples, but their expression levels differ in patients with
64 various heart syndromes.

65 Acute myocardial infarction (AMI), also known as a heart attack, is an obstruction condition
66 that occurs when blood flow is abruptly disrupted, resulting in heart tissue or coronary artery

67 injury (8). We have discovered obscurin and titin as biomarkers from human plasma using
68 liquid chromatography with tandem mass spectrometry for AMI, which showed higher
69 sensitivity than troponin I and T (9). Atrial natriuretic peptide (ANP) and brain natriuretic
70 peptide (BNP), which have equivalent secretory profiles in cardiomyocyte under tension
71 response, have been used as biomarkers to diagnose AMI and acute coronary syndrome in
72 humans. However, the understanding of their biochemistry is limited, and post-translational
73 modifications in their metabolism result in unsuccessful detection (10). In this study, we
74 established an *in vitro* model of cardiac hypertrophy in a human cardiomyocyte line following
75 angiotensin II (Ang II) and endothelin-1 (ET-1) treatment. Proteomic profiling of the secretome
76 from the cell lines was performed using nano-LC-MS/MS, followed by the identification of
77 high-abundance peptides. Candidate biomarkers were confirmed using a synthesized peptide
78 using clinical samples. In this approach, we performed label-free quantitative analysis of
79 potential biomarker candidates in human plasma of patients with AMI and healthy controls.
80 Clinical biomarkers are generally discovered by analyzing clinical samples. Protein biomarkers
81 that are differently expressed in serum samples of patients are compared with those of healthy
82 controls. The biomarker candidates are then studied *in vitro* for their signaling pathways,
83 cellular functions, and further networks. However, in this study, we attempted to discover
84 biomarker candidates from a hypertrophy-induced cellular system using an *in silico* pathway
85 analysis tool, and revealed useful biomarkers in clinical samples. Because the *in vitro* system
86 does not reflect the volume of fluids in the human body, the secretome analysis results were
87 inconsistent with those of the clinical sample analysis. Thus, analysis of the actual clinical
88 sample is necessary to verify the significance of the excavated biomarker. Moreover, *in vitro*
89 cellular systems have no limit on the number and amount of samples to be analyzed and is
90 essential to study the effect of hypertrophic alterations on response to cellular mechanisms,

91 protein expressions, and signaling pathway regulations. We first established the hypertrophy-
92 induced human cardiac cellular system and then altered the proteomics process. Our study
93 identified 14-3-3 protein-zeta as a potential biomarker for cardiac hypertrophy via proteome
94 profiling and successfully validating clinical samples from patients with AMI. This study
95 provides an outline for therapeutic targets of new biomarker strategies that enable the practice
96 of related cardiac hypertrophy medicine.

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102 **RESULTS**

103 ***In vitro* cardiac hypertrophy model design**

104 ET-1 and Ang II-treated immortalized human cardiomyocytes (T0445 cell line) were evaluated
105 to determine their hypertrophic responses. The expression of sarcomeric α -actinin resulted in
106 cytoskeletal actin rearrangement and increased cell surface area. Both hypertrophic reagents
107 (11) showed a very similar increase in cell surface area after 4 h and 24 h of treatment, followed
108 by the visible enlargement of actin fibrous tissue compared to untreated control cells (Fig. 1A).
109 Moreover, the average cell surface areas of ET-1- and Ang II-treated cells were 3.5-fold higher
110 than those of normal cells (Fig. 1B). Thus, cardiomyocyte hypertrophy was successfully
111 induced by 200 nM ET-1 and 1 μ M Ang II in T0445 cells. Immunocytochemistry revealed
112 increased cell size and thickened cell membrane in the treated group compared to the control
113 group. The phenotypical changes may include increased cell size, primary changes in the
114 structures of the heart muscle cells, and alterations in the contractile properties of the heart.
115 The significant change in cell size after treatment confirmed the induction of the disease model
116 (Fig. 1A-B).

117 Western blots were performed to validate the successful induction of hypertrophy in the
118 cardiomyocyte model; we confirmed the expression of secretome proteins at different time
119 points over the treatment courses. The secretome of samples treated with 200 nM ET-1 showed
120 significantly increased BNP expression after 15 min, 1 h, and 2 h, whereas ANP expression
121 increased after 1, 2, 6, and 24 h of treatment (Figs 1C, 1D). In contrast, the 1 μ M Ang II-treated
122 secretome displayed a notable enhancement of BNP levels after 1, 2, 12, and 24 h, along with
123 increased ANP expression after 15 min, 1 h, and 2 h of treatment (Figs 1E, 1F). BNP and ANP
124 levels fluctuated according to time variations, and reproducibility increased 24 h after treatment.

125 **Proteomic profiling of hypertrophic secretome**

126 Proteomic analysis of hypertrophied and non-hypertrophied cardiomyocytes revealed distinct
127 protein profiles. All total ion chromatogram data are shown in (Supplementary Figure 1), and
128 the spectral count for all samples was $10 \times E9$.

129 A total of 200–300 proteins were identified from secretome proteins using Proteome
130 Discoverer. Of these, 32 proteins with elevated levels were selected (Supplementary Table 1),
131 showing the highest value of cross-correlation score (Xcorr) consistency for reproducibility in
132 both ET-1 and Ang II treatment (fold change > 1.4). We identified several proteins that have
133 already been proposed as cardiac hypertrophy biomarkers, such as talin-1 (12), filamin-A (13),
134 follistatin-related protein 1 (14), profilin-1 (15,16), and vimentin (17,18). Our results showed
135 the upregulation of six 14-3-3 protein isoforms (beta, epsilon, gamma, theta, zeta/delta, and eta)
136 in both ET-1- and Ang II-treated cardiomyocytes.

137 The expression of 17 proteins was significantly downregulated in the secretome of
138 hypertrophied cardiomyocytes in both treatments (ET-1 and Ang II) with reproducibility
139 (Supplementary Table 2). Isoform 8 of filamin-B, alpha-2 HS-glycoprotein, glutathione S-
140 transferase P, and T-complex protein 1 subunit beta and epsilon were reduced by 100-fold in
141 hypertrophied cardiomyocytes compared to normal cells.

142 Canonical pathway analysis categorized the dramatically altered protein groups from ET-1-
143 (Fig 2A) and Ang II-treated hypertrophied cardiomyocytes (Fig 2B). Among the most abundant
144 signaling categories, 14-3-3-mediated signaling had the highest significance in both
145 hypertrophied cardiomyocyte groups, whereas Hippo signaling was decreased. Protein–protein
146 interaction networks analyzed by ingenuity pathway analysis (IPA) explored a tight and robust
147 interaction network of the identified 14-3-3 family (Supplementary Figure 2A). Furthermore,
148 our data revealed that 14-3-3 binding inactivates the Hippo signaling pathway by sequestering
149 the YAP/TAZ function in the cytoplasm (Supplementary Figure 2B).

150 **14-3-3 proteins as organ-specific biomarkers for cardiac hypertrophy**

151 To verify the utility of 14-3-3 proteins as organ-specific biomarkers for cardiac hypertrophy,
152 we analyzed the expression of six isoforms (Supplementary Table 3) from the secretome of
153 different cell lines, including MKN-1 and HFE-145, Hep-3B and Hepa-RG, A549 and L132,
154 and T0445, in control and hypertrophy treatment samples. In this context, we evaluated the
155 relative intensity of the six 14-3-3 protein isoforms by ultra-high performance liquid
156 chromatography–tandem mass spectrometry (UHPLC-MS/MS) coupled with multiple reaction
157 monitoring (MRM). Peptide ions were selected for fragmentation using MS/MS, and spectrum
158 MS/MS sequencing data are shown in Supplementary Figure 3.

159 The expression of 14-3-3 protein-gamma was extremely low, and was inconsistently detected
160 in the samples. Therefore, we compared the intensity of five 14-3-3 isoforms between different
161 cell lines including cardiomyocytes without hypertrophy induction by measuring the peak area
162 ratios of one fragment ion from the internal standard (beta-actin) and the endogenous peptide.
163 All five 14-3-3 protein isoforms were elevated in hypertrophy-induced cardiomyocytes, as
164 revealed by MRM. The abundances of 14-3-3 protein-beta and protein-zeta/delta (Figs 3A,3C)
165 showed the highest significant difference (>10-fold) intensity among all isoforms while 14-3-
166 3 protein theta (Fig 3E) exhibited a lower expression (<2 fold) than other isoforms across cell
167 lines. The expression of 14-3-3 protein-eta and protein-epsilon (Figs 3B,3D) were similar to
168 those of different organ cells. The levels of 14-3-3 proteins were also measured in human
169 plasma using ELISA (8 samples each from healthy controls and patients with AMI) and were
170 elevated in all samples of patients with AMI compared to those of healthy controls
171 (Supplementary Figure 4).

172 **Validation of 14-3-3 protein-zeta in human plasma**

173 Dual quantitative and qualitative analyses were used to confirm the biomarker candidates 14-
174 3-3 protein-zeta/delta using synthesized peptide standards. 14-3-3 protein-zeta/delta was
175 selected because its concentration in the secretome was significantly higher in induced cardiac
176 hypertrophy cell lines than in other organ cell lines. The gradient and MS operating conditions
177 and quantitative mass spectrometry with an MRM assay employed one unique peptide among
178 the three transition ions monitored are presented in Supplementary Table 4. Representative
179 MRM chromatograms obtained from 14-3-3 protein-zeta standard (Fig. 4A), T0445 control
180 cell line (Fig. 4B), T0445 hypertrophied cell lines (Fig. 4C-D), and human plasma samples
181 (Fig. 4E-F).

182 MRM assays were performed in 30 AMI and 23 healthy control plasma sample pools. The
183 mass chromatogram peak areas from each run were calculated for 14-3-3 protein-zeta
184 expression. The scatterplot distribution of the logarithm of average MRM peak areas (a.u.)
185 according to the AMI/control status of the pool (Fig. 4G). Levels of 14-3-3 protein-zeta were
186 found to be higher in the AMI group relative to those in the control group. Importantly, ROC
187 curve analysis revealed AUC values of 0.854 (95% confidence interval (CI) 0.696–0.949) with
188 a Youden index J of 0.6923, indicating the potential to use 14-3-3 protein-zeta expression as a
189 biomarker for AMI diagnosis (Fig. 4H). These results demonstrated a strong correlation
190 between spectral count–derived abundance and MRM peak area, indicating sensitivity and
191 specificity of 69.2 and 100 respectively. Considering these findings, we identified a label-free
192 quantitative analysis-based peptide that can differentiate between control and AMI groups with
193 high specificity from logistic regression-based prediction modeling in clinical samples.

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197 **DISCUSSION**

198 This study elucidated the role of the 14-3-3 protein family in HCM using nano-LC-MS/MS.
199 Proteomic analysis revealed significant upregulation of 14-3-3 proteins in the secretome of the
200 hypertrophy-induced heart cell line compared to the control. As shown in Tables 1 and 2,
201 filamin B is a cytoplasmic actin-binding protein that has been found in human skeletal disorders
202 and impaired microvascular environments (19). T-complex protein 1 is a chaperonin that plays
203 an important role in the folding of cytoskeletal proteins (20). Histone 1.5 is a linker protein that
204 binds and affects chromatin (21). Histone 1.3 elevation has been reported as a prognostic
205 biomarker for pancreatic ductal adenocarcinoma (22). Histone proteins appear to be
206 downregulated by anti-apoptotic cell reactions. As shown in Table 2, gelsolin, alpha-2-
207 macroglobulin, and elongation factor 1-alpha 1 were downregulated. Gelsolin is an actin-
208 binding protein known for its role in cell motility and apoptosis (23).

209 Considering the complex underlying pathogenic factors associated with cardiomyocyte
210 hypertrophy, we investigated the secretome to identify proteins related to this condition. The
211 study of secretome, which consists of extracellular proteins, has gained significant attention in
212 the research community owing to their potential to reveal biomarkers and new therapeutic
213 targets (24). The 14-3-3 isoform proteins are expressed in high levels in the brain, skeletal
214 muscles, heart, and embryonic stem cells with a wide range of roles in cell signaling. After
215 platelet activation, 14-3-3 protein-zeta was localized in and secreted from dense granules (25).
216 Transport vesicles budding from the endoplasmic reticulum carry these secreted proteins from
217 the inside of the cell to the cell surface. From there, the vesicles fuse with the plasma membrane,
218 releasing 14-3-3 protein into the extracellular space (26).

219 14-3-3 protein-zeta constrains the insulin secretion in patients with type 2 diabetes by
220 regulating mitochondrial function. Mice that expressed dominant negative 14-3-3 mutant

221 protein in the myocardium showed increased occurrence of cardiac hypertrophy, fibrosis, and
222 inflammation after diabetes induction (27). Thus, modulating 14-3-3 protein expression may
223 serve as a novel therapeutic approach against diabetes-associated cardiovascular complications.
224 However, the exact underlying mechanism is not fully elucidated due to its diverse structure
225 and protein interaction. Further studies are required to assess the functional role of 14-3-3
226 protein-zeta in cardiac hypertrophy.

227 This study showed that several signaling pathways were activated or inhibited in response to
228 HCM. The IPA results revealed that the most activated upstream regulators were glycolysis,
229 actin cytoskeletal signaling, and 14-3-3 mediated signaling. In contrast, the most inhibited
230 regulator was the Hippo signaling pathway, with a z-score <-2 . The Hippo signaling pathway
231 controls organ size by suppressing cell proliferation, limiting cell size, and inducing apoptosis.
232 The inactivation of this pathway or activation of its downstream effectors has been reported to
233 improve cardiac regeneration (28,29). Studies have also established the crucial role of the actin
234 cytoskeleton in regulating the Hippo-YAP/TAZ signaling pathway (30).

235 Consistent with the proteomic analysis data obtained from the cardiomyocyte secretome, 14-
236 3-3 protein-zeta was significantly upregulated in the hypertrophy model. Therefore, we further
237 performed an *in vivo* label-free quantitative analysis of plasma from patients with AMI and
238 healthy control samples. Blood plasma circulates through the whole body, and therefore, it
239 contains large extracellular vesicles such as proteins, lipids, and nucleic acids, which are often
240 key biomarkers in clinical samples. We explored the potential functional roles of 14-3-3
241 protein-protein interactions in the heart as a target therapeutic strategy. We further suggest that
242 the interactomes of 14-3-3 protein-zeta in hypertrophy-induced cardiac cells should be
243 explored. The 14-3-3 protein network regulates cardiac ATP production via interactions with
244 inner membrane proteins and metabolizes fatty acid via enzymes within the mitochondrial

245 matrix. Therefore, the interactomes of cardiac 14-3-3 could be potentially therapeutic in the
246 proteostasis of cardiovascular metabolic disease. The increased levels of 14-3-3 protein-zeta *in*
247 *vitro* and in patients with AMI could suggest that 14-3-3 protein-zeta plays a role in the
248 development of cardiac hypertrophy and represents a therapeutic target for treatment. 14-3-3
249 protein-zeta could be targeted by developing drugs that specifically inhibit its function or
250 prevent its interaction with other proteins involved in the development of cardiac hypertrophy.
251 Furthermore, RNA interference could be used to reduce the expression of 14-3-3 protein-zeta,
252 decreasing its contribution to cardiac hypertrophy.

253 **MATERIALS AND METHODS**

254 **Cell culture and *in vitro* hypertrophy model**

255 The immortalized human cardiomyocyte cell line T0445 was obtained from Applied Biological
256 Materials Inc. (Abm, Richmond, BC, Canada). The human normal lung epithelial cell line
257 (L132), human lung cancer cell line (A549), human gastric cancer cell line (MKN-1), human
258 normal gastric cell line (HFE-145), and human liver cancer cell line (Hep3B) were obtained
259 from the Korea Cell Line Bank (KCLB, Seoul, South Korea). The human normal liver cell line
260 (Hepa RG) was obtained from Thermo Fisher Scientific (Massachusetts, USA). All cell lines
261 were regularly cultured in RPMI, DMEM, Williams medium E media (Gibco, USA), and
262 Prigrow I media (ABM, Richmond, BC, Canada) supplemented with 10% heat-inactivated fetal
263 bovine serum (Gibco, USA) and 1% penicillin–streptomycin (Gibco, USA). Culture plates
264 were maintained at 37°C with 5% CO₂ in a humidified cell incubator.

265 Hypertrophic agonists ET-1 and Ang II were purchased from Sigma-Aldrich (Darmstadt,
266 Germany). Cardiomyocytes were treated with 1 µM Ang II and 200 nM ET-1 (Sigma-Aldrich,
267 Darmstadt, Germany) diluted in an appropriate medium.

268 **LC-MS/MS analysis**

269 LTQ-Orbitrap Velos Pro combined with the EASY-nLC1000 system (ThermoFisher Scientific,
270 USA) was used for proteomic profiling. Peptide separation was achieved using an Acclaim
271 PepMap EASY-Spray analytical column (75 µm × 50 cm, nanoViper, 100 Å, C18, 2 µm)
272 (Thermo Scientific, USA). The CM and human plasma samples were tested using a UHPLC-
273 MS/MS system connected to an LTQ Orbitrap Velos Pro and separated using a 4 µm Proteo
274 Phenomenex (90 Å pore, LC Column 250 × 4.6 mm) (Jupiter, USA). The spray voltage was

275 +3.9 kV, and the eluted peptides were examined. MRM was used to quantitatively analyze six
276 14-3-3 protein isotypes and beta-actin simultaneously.

277 **Protein identification and ingenuity pathway analysis**

278 The MS/MS data obtained from sample analysis were searched using the Proteome Discoverer
279 v2.2 (ThermoFisher Scientific, USA) search engine against the SEQUEST algorithm with
280 amino acid sequences in the SwissProt database (2017). The results were searched using the
281 Percolator for scoring. The followed database parameters were applied: trypsin digestion of
282 the enzyme, fragment ion mass tolerance of 0.6 Da, precursor ion mass tolerance of 10 ppm,
283 allowance of a maximum of 2 missed cleavages, and carbamidomethyl and oxidation as
284 variable modifications with respective masses of +57.021 Da and +15.995 Da. The peptide
285 matching criteria were set as a SEQUEST HT score of >1, and Xcorr criteria of >1.2 for (+1)
286 peptides, >1.9 for (+2) peptides, and >2.3 for (+3) peptides. A unique peptide number of at
287 least 2 per protein was required to ensure reliability. Differences between the two groups were
288 considered statistically significant at $p < 0.05$.

289 All identified differentially expressed proteins in hypertrophied and non-hypertrophied
290 cardiomyocytes were subjected to protein pathway analysis using IPA tools
291 (<http://www.ingenuity.com>) (Qiagen, Germany). The z-score value (> 2.0) was predicted as
292 the activation state of canonical pathways, whilst the inhibition state was defined by z-score <
293 -2.0.

294 **Supplementary methods**

295 Western blot, ELISA, immunocytochemistry analysis, sample preparation, in-solution trypsin
296 digestion, data availability, and data processing are described in the supplementary information.

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302 **Ethical approval**

303 The Institutional Review Board of the Korea University Medical Center approved the sample
304 collection and analysis (KUGH12118-005).

305 **Conflicts of interest**

306 The authors have no conflicting interests.

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310 **FIGURE LEGENDS**

311 **Figure 1.** Immunocytochemistry and western blot analysis of BNP and ANP expressions in
312 T0445 cells treated with 200 nM ET-1 and 1 μ M Ang II

313 (A) Immunostaining results show α -actinin (green) and nucleus (blue)

314 (B) Bar chart showing relative signal intensity on average cell surface area

315 (C) Western blotting of ET-1-treated secretome

316 (D) Relative expression changes of ET-1-treated secretome

317 (E) Western blotting of Ang II-treated secretome

318 (F) Relative expression changes of Ang II-treated secretome

319 **Figure 2.** Identification of differentially expressed proteins in canonical pathways identified
320 using Ingenuity Pathway Analysis of treated secretome

321 (A) ET-1-treated secretome

322 (B) Ang II-treated secretome

323 Bar charts representing fold-change in protein intensity between the treated group and
324 untreated T0445 cells. Columns represent canonical pathways.

325 **Figure 3.** Relative intensity of 14-3-3 protein isoforms in the secretome of hypertrophied cardio
326 myocytes together with different organ cells

327 (A) 14-3-3 protein-beta

328 (B) 14-3-3 protein-theta

329 (C) 14-3-3 protein-zeta/delta

330 (D) 14-3-3 protein-epsilon

331 (E) 14-3-3 protein-eta

332 **Figure 4.** Representative selected reaction monitoring chromatograms and performance in
333 human plasma samples of 14-3-3 protein-zeta

334 (A) 14-3-3 protein-zeta standard
335 (B) T0445 secretome
336 (C) ET-1- treated T0445 secretome
337 (D) Ang-II-treated T0445 secretome
338 (E) Healthy control human plasma
339 (F) AMI human plasma
340 (G) Box-and-whiskers plot showing the levels of 14-3-3 protein-zeta in healthy controls (n =
341 23) and patients with AMI (n = 30)
342 (H) ROC analysis distinguishing the diagnostic accuracy of 14-3-3 protein-zeta expression
343 between patients with AMI and healthy controls.
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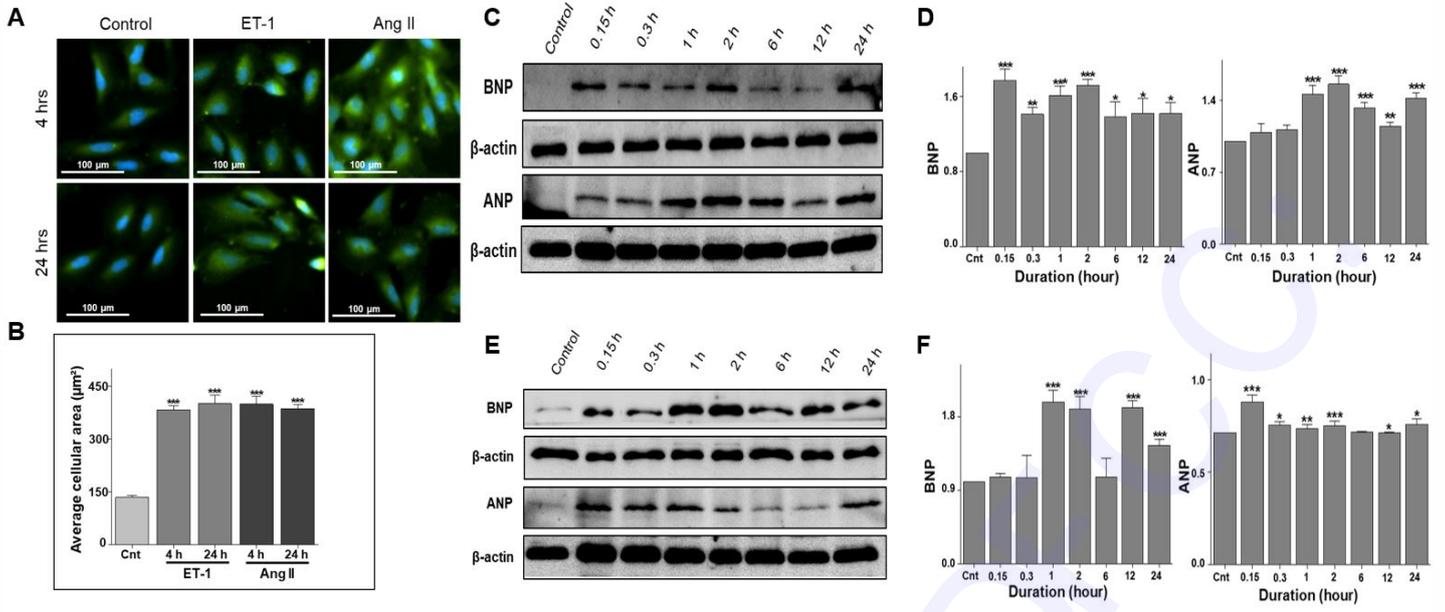


Fig. 1.

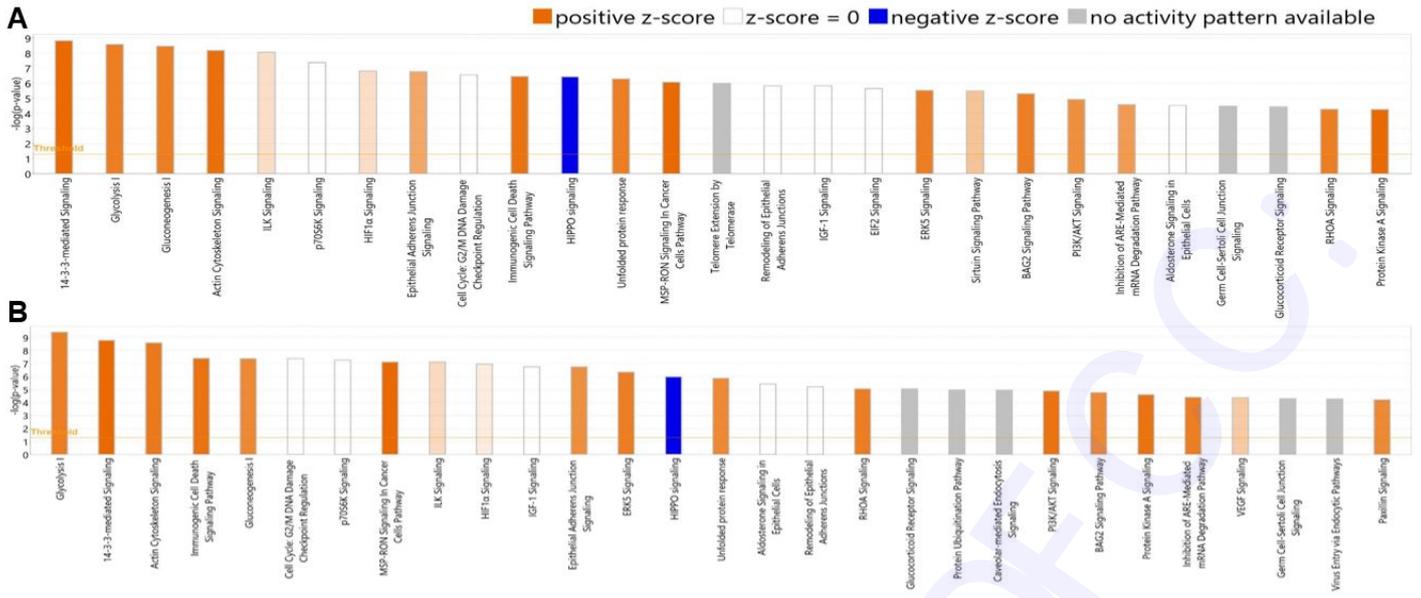


Fig. 2.

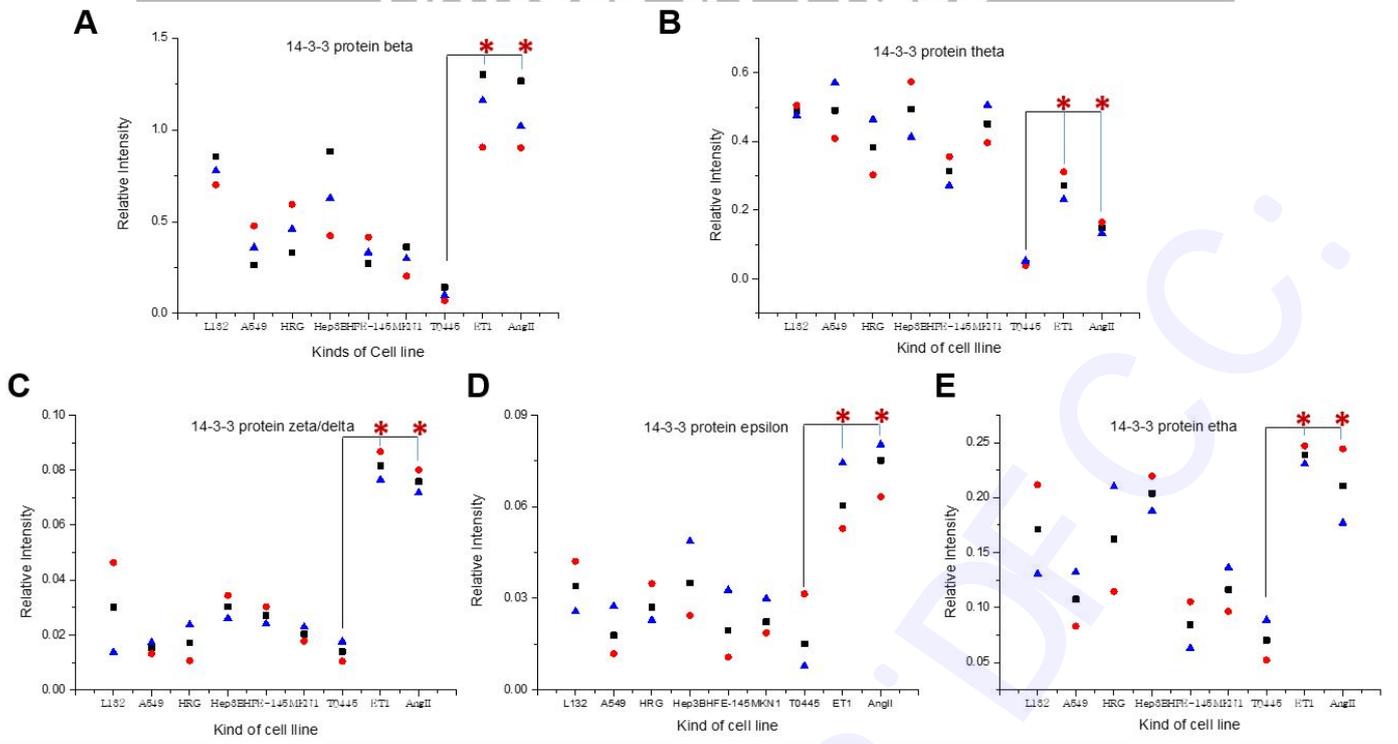


Fig. 3.

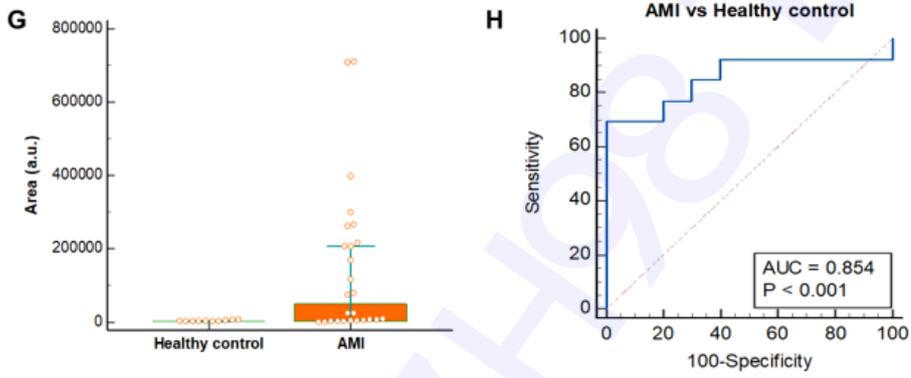
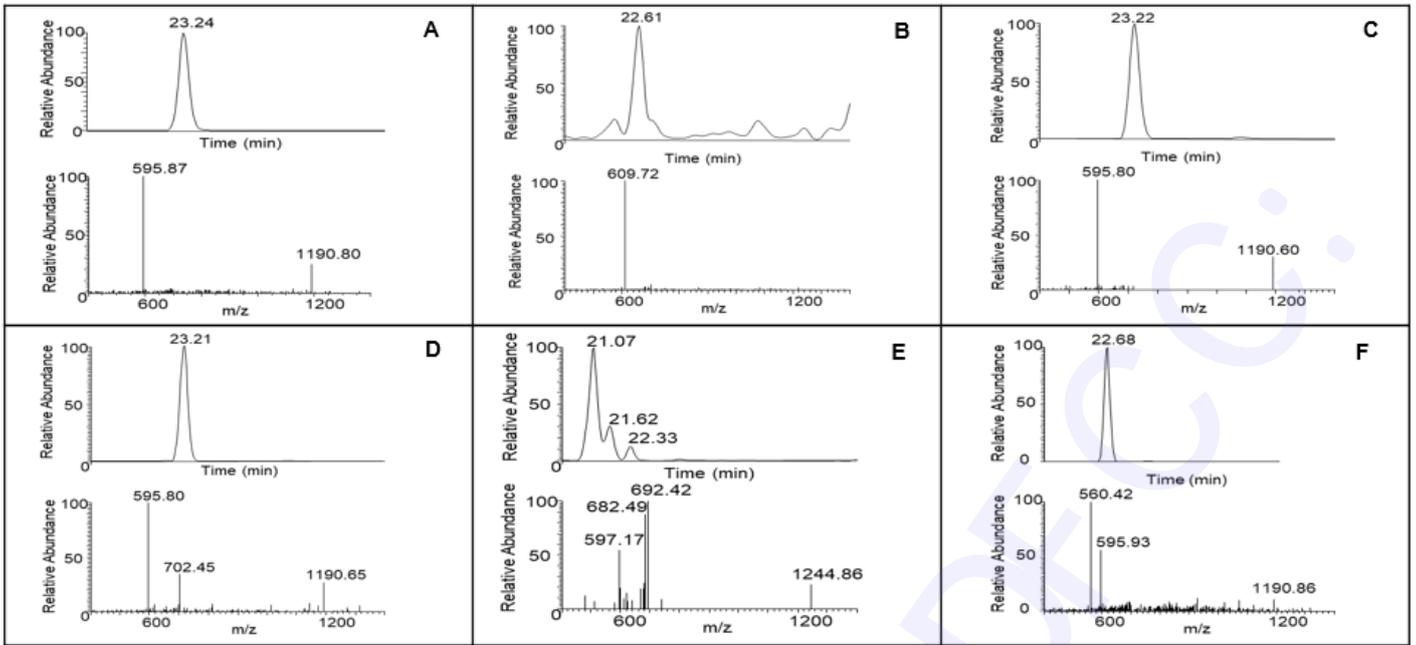


Fig. 4.

Abbreviations

AMI	Acute myocardial infarction
Ang II	Angiotensin II
ANP	Atrial natriuretic peptide
Ask-1	Apoptosis signal-regulating kinase 1
BAD	Bcl-2-associated death promoter
BCA	Bicinchoninic acid assay
BNP	Brain natriuretic peptide
CM	Conditioned media
ET-1	Endothelin-1
ELISA	Enzyme-linked immunosorbent assay
FBS	Fetal Bovine Serum
TBS	Tris-Buffered Saline
TIC	Total ion chromatogram
IPA	Ingenuity pathway analysis
JNK	c-Jun N-terminal kinase
MAPK	Mitogen-activated protein kinase
LC-MS/MS	Liquid Chromatography with tandem mass spectrometry
UHPLC	Ultra-high performance liquid chromatography

Supplementary methods, figures and tables for:

Discovery of 14-3-3 zeta as a potential biomarker for cardiac hypertrophy

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Supplementary Methods**Western blot, ELISA, and immunocytochemistry**

A total of 30 μg of protein from each sample was separated by one-dimensional 12% Tris-glycine SDS-PAGE then transferred to nitrocellulose membranes (Bio-Rad, CA, USA). TBST containing 5% skim milk was used for blocking the membrane for 1 h followed by washing three times with TBST. Nitrocellulose membranes were incubated overnight with the primary antibodies at 1:1000 in 5% BSA at 4 °C in the dark, and 1:5000 horseradish peroxidase-conjugated secondary antibodies (Cell Signaling Technology, Massachusetts, USA) were added to 5% skim milk. The membranes were incubated at room temperature for 1 h. Blots were detected using a chemiluminescence reagent (Santa Cruz Biotechnology, Massachusetts, USA) by the Ez-Capture MG system (ATTO, NY, USA), and the relative intensity of the western blot bands was measured using ImageJ 1.53a (National Institutes of Health, USA). Anti- β -actin antibody was purchased from Cell Signaling Technology (Massachusetts, USA) and used as a loading control. The anti-ANP and anti-BNP antibodies used in this study were purchased from Thermo Fisher Scientific (Massachusetts, USA).

Human plasma samples were analyzed using a commercial ELISA kit MBS269690 (MyBioSource Inc., CA, USA) according to the manufacturer's instructions. An automated microplate reader (Bio-Rad, Hercules, CA, USA) was used to measure optical density at 450 nm. The concentration of each sample was determined based on absorbance and normalized to the standard.

The cells were seeded onto glass coverslips for immunocytochemistry analysis and incubated with hypertrophic agonists. To fix samples, 4% formaldehyde (Sigma, USA) was used for 20 min, and immunofluorescence staining was performed. Triton (2%) and Triton X-100 (0.1%) were used for blocking nonspecific binding for 30 min. After, cells were incubated with anti-sarcomeric alpha-actinin (Abcam, USA) and kept at 4 °C overnight. The secondary antibody Alexa Fluor 488 goat anti-mouse IgG (H+L) (Thermo Fisher Scientific, USA) was used for incubation for 2 h at room temperature. Nuclei were stained with Hoechst 33342 (Thermo Fisher Scientific, USA), coverslips were mounted with mounting solution, and images were obtained using a Nikon inverted microscope Eclipse Ti-U (Carl Zeiss, Germany). ImageJ 1.53a (National Institutes of Health, USA) was used to measure the cell area (unit: μm^2).

Sample preparation

The culture medium was replaced with serum-free medium for 24 h. The conditioned medium (CM) was collected and centrifuged at $10,000\times g$ for 15 min at $4\text{ }^{\circ}\text{C}$ to remove cell debris. The collected supernatant was transferred into a new tube, and the protein concentration was measured and freeze-dried using an ALPHA 1-2 LDPlus instrument (Martin Christ Gefriertrocknungsanlagen Gmb, Osterode am Harz, Germany). HFE-145, MKN-1, L132, A549, Hep3B, Hepa RG, T0445, ET-1, and Ang II-induced T0445 cell lysates were collected after washing with cold PBS twice. TNN-EDTA lysis buffer (Thermo Scientific, Massachusetts USA) with protease and phosphatase inhibitor cocktail (Roche Diagnostics GmbH, Mannheim, Germany) was added after cells were collected. Cell lysates were incubated at $4\text{ }^{\circ}\text{C}$ for 30 min and vortexed twice after 10 min periods. The samples were centrifuged for 15 min at $10,000\times g$ and $4\text{ }^{\circ}\text{C}$ for supernatant collection. Finally, a BCA kit (Thermo Scientific, Massachusetts, USA) was used to measure protein concentrations according to the manufacturer's instructions.

Plasma samples were collected from AMI patients ($n=30$) and healthy controls ($n=23$) in 2013. The control group was subjected who did not have any historical record of cardiovascular disease or acute renal and hepatic diseases. Written informed consent was obtained from all participants at the Korea University Medical Center (Seoul, Korea). The collected blood was centrifuged for 40 min at $10,000\times g$ at $4\text{ }^{\circ}\text{C}$, followed by the addition of 0.6 TIU/mL aprotinin and storage at $-70\text{ }^{\circ}\text{C}$ until testing. Plasma samples were digested in solution and quantitatively analyzed by ELISA and UHPLC-MS/MS using MRM.

In-solution trypsin digestion

After measuring the concentration of each sample, $200\text{ }\mu\text{g}$ of the cell lysate was dried in a speed vacuum dryer for 3 h. The dried samples were reconstituted with 6.0 M urea (Sigma, USA) and reduced by incubation in 200 mM dithiothreitol (DTT; Sigma-Aldrich, Darmstadt, Germany) for 30 min at $37\text{ }^{\circ}\text{C}$. Then, samples were alkylated in 100 mM iodoacetamide (IAA; Sigma-Aldrich, Darmstadt, Germany) for 30 min at $37\text{ }^{\circ}\text{C}$. Trypsin (Sigma-Aldrich, Darmstadt, Germany) was added to samples at a final protease: protein ratio of 1:30 (w/w), and the mixture was incubated at $37\text{ }^{\circ}\text{C}$ for 20 h. The samples were then cleaned using a C18 spin column according to the manufacturer's instructions (Pierce, Thermo Fisher Scientific, USA). After cleaning, samples were dried using a vacuum freeze dryer and reconstituted in 0.1% formic acid (Thermo Scientific, Spain).

The CM sample and human plasma were reconstituted with 8.0 M urea (Sigma, USA), reduced by incubation in 100 mM DTT (Sigma-Aldrich, Darmstadt, Germany) for 30 min at 37 °C and alkylated in 500 mM IAA (Sigma-Aldrich, Darmstadt, Germany) for 30 min at 37 °C in the dark. Trypsin (Sigma-Aldrich, Darmstadt, Germany) was added to the sample at a final protease: protein ratio of 1:30 (w/w), and the mixture was incubated at 37 °C for 20 h.

Carbamidomethyl modification (+57.07 Da) of the standard peptide was performed using an iodoacetamide alkylating reagent (Thermo Fisher Scientific, Massachusetts, USA). According to manufacturer's protocol, 10 µl of 2% SDS and 90 µl of 200 mM ammonium bicarbonate (pH 8.0) were added to 200 µg of peptide sample, then ultrapure water was adjusted to a volume of 200 µl. Ten µl of 200 mM Tris(2-carboxyethyl) phosphine hydrochloride was added and incubated at 55°C for 1 hour. The sample was alkylated for 30 minutes by 10 µl of 375 mM iodoacetamide protected from light.

All samples were desalted using a peptide desalting spin column, according to the manufacturer's instructions (Thermo Fisher Scientific, Massachusetts, USA). After the vacuum freeze-drying process, samples were reconstituted with 0.1% formic acid (Thermo Scientific, Spain).

Data availability

The mass spectrometry proteomics data have been deposited to the public and global open access database "PRIDE" in ProteomeXchange consortium (<http://www.proteomexchange.org>) with the database identifier PXD020701.

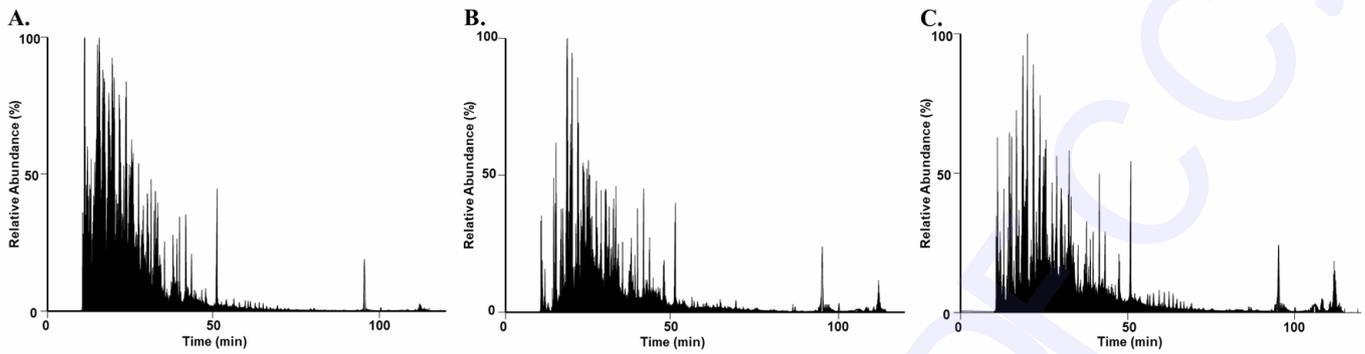
Data Processing

All data are presented as mean \pm standard deviation (SD), and analyses were conducted in triplicate. The western blot results were reported as fold change compared to β -actin and control. Differences between the two groups were determined by a Student's t-test (Origin 2017, USA). The significance of data was accepted when p value was lower than 0.05 (*P \leq 0.05, **P \leq 0.01, and ***P \leq 0.005). The MedCalc Statistical Software version 19.2.6 (<https://www.medcalc.org>; 2020) (Ostend, Belgium) was used to perform ROCs and to calculate AUCs and other comparisons (i.e. sensitivity, specificity, and accuracy).

1 B7CFF97H98.DFCC:

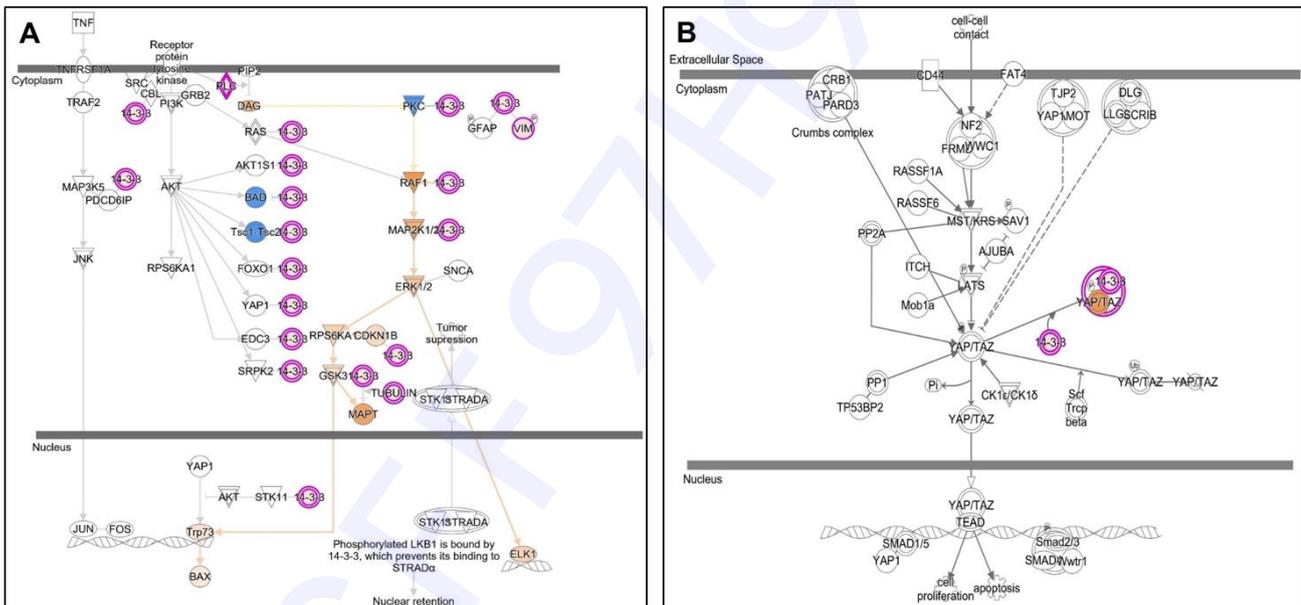
Supplementary Figure 1. Total ion chromatogram of human cardiomyocytes (T0445) secretome

- (A) Control
- (B) Ang II treated
- (C) ET-1 treated.



Supplementary Figure 2. Analysis of differentially expressed protein regulatory pathways in control and hypertrophy induce secretome.

- (A) 14-3-3 mediated signaling
- (B) Hippo signaling



Supplementary Figure 3. The representative MS/MS spectrum of six isoforms from 14-3-3 protein

(A) 14-3-3 beta, m/z 720.7

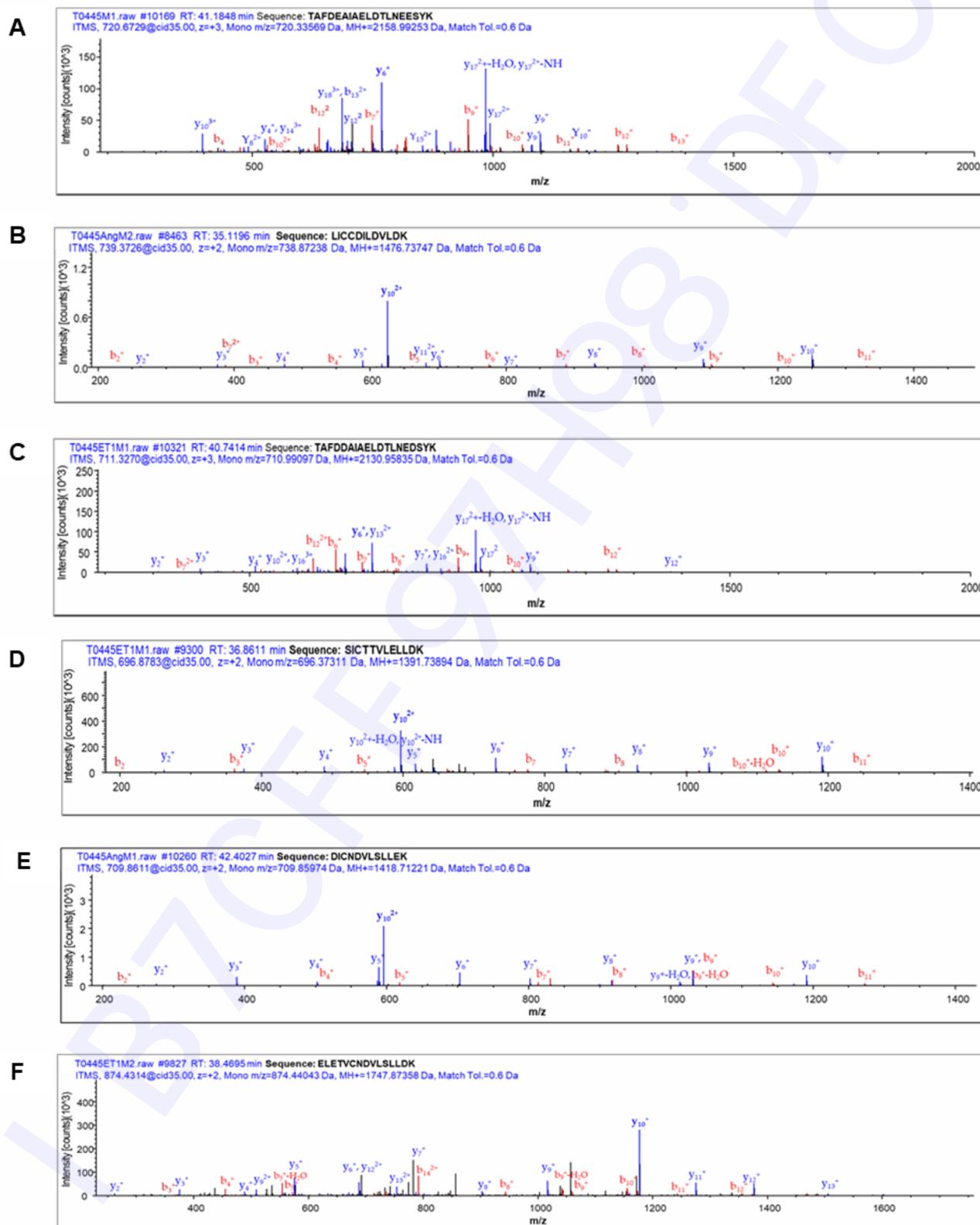
(B) 14-3-3 epsilon, m/z 739

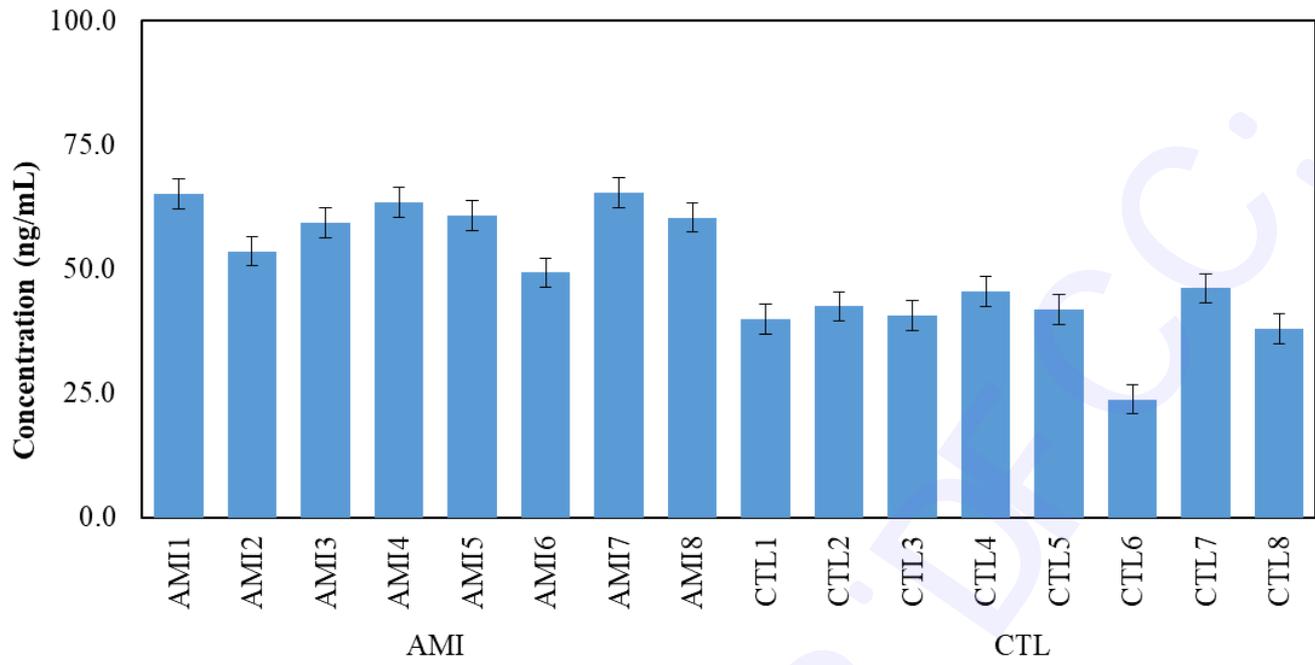
(C) 14-3-3 gamma, m/z 711

(D) 14-3-3 theta, m/z 696.4

(E) 14-3-3 zeta/delta, m/z 710

(F) 14-3-3 eta, m/z 874



Supplementary Figure 4. Measured levels of 14-3-3 protein in human plasma AMI and healthy control.

Supplementary Table 1. Proteomic profiling by nanoLC-MS/MS. 32 proteins were upregulated in both treated (ET-1 and Ang II) cardiomyocytes cell line T0445.

Protein accession number	Description	Abundance ratio	Coverage (%)	Score Sequest HT	Peptide sequence	X corr (Top Charge)
P22626	heterogeneous nuclear ribonucleoproteins A2/B1	100	13	14.98	3	5.26
Q9Y490	Talin-1	100	3.5	21.79	5	6.07
P68363	Tubulin alpha-1B chain	10	18	27.75	6	5.81
P61981	14-3-3 protein gamma	8.8	20	33.69	3	5.28
P21333	Filamin-A	7.8	3.6	24.33	7	4.87
P62258-1	14-3-3 protein epsilon	6.7	15	20.09	3	6.3
Q04917	14-3-3 protein eta	6.4	20	19.44	4	4.55
P27348	14-3-3 protein theta	6.4	19	32.65	4	6.1
P31946	14-3-3 protein beta	5.7	21	46.44	3	6.49
P18206	Vinculin	5.4	6.4	37.04	7	6.34
P61978-2	Isoform 2 of Heterogeneous nuclear ribonucleoprotein K	4.4	6.8	14.37	3	4.32
P37802-2	Isoform 2 of Transgelin-2	4.2	29	43.48	5	6.73
P63104	14-3-3 protein zeta/delta	3.9	26	44.52	4	5.38
P55072	Transitional endoplasmic reticulum ATPase	3.9	15	50.47	8	5.69
P00338-3	Isoform 3 of L-lactate dehydrogenase A chain	3.7	7.9	18.76	3	4.96
P29401-2	Isoform 2 of Transketolase	3.6	7.5	18.19	2	6.32
P16104	Histone H2AX	3.1	48	48.9	4	6.07
P0DMV8	heat shock 70 kDa protein 1A	3	10	26.61	5	3.68
Q01995	transgelin	3	21	16	5	4.55
Q92688	Acidic leucine-rich nuclear phosphoprotein 32 family member B	2.9	19	16.16	2	5.42
Q12841	Follistatin-related protein 1	2.8	8	14.37	2	4.88
Q02818	Nucleobindin-1	2.8	6	20.54	2	4.06
P11142-1	Heat shock cognate 71 kDa protein	2.5	17	47.21	12	5.24
P15311	Ezrin	2.5	8.1	30.22	5	5.32
P04406	glyceraldehyde-3-phosphate dehydrogenase	2.3	21	35.04	6	4.84
P18669	Phosphoglycerate mutase 1	2.2	15	16.15	3	4.95
P08670	Vimentin	2.1	26	76.86	14	5.14

P07737	profilin-1	2	32	46.91	4	4.58
P26038	Moesin	1.9	8.4	30.15	6	5.46
P14618	Pyruvate kinase PKM	1.8	32	85.36	12	6
P60709	Actin, cytoplasmic 1	1.7	31	55.7	8	5.68
P06733-1	alpha-enolase	1.4	48	144	11	6.13

Supplementary Table 2. Proteomic profiling by nanoLC-MS/MS. 17 proteins were downregulated in both treated (ET-1 and Ang II) cardiomyocytes cell line T0445.

Accession	Description	Abundance ratio	Coverage [%]	Score Sequest HT	Peptides	X corr (Top Charge)
P19823	Inter-alpha-trypsin inhibitor heavy chain H2	0.492	5	20.53	4	6.19
P16402	Histone H1.3	0.439	15	24.97	4	5.55
P02774-3	Isoform 3 of Vitamin D-binding protein	0.383	8	20.56	2	5.85
P68104	Elongation factor 1-alpha 1	0.357	21	27.7	5	6.23
P01023	alpha-2-macroglobulin	0.186	2	35.51	3	4.74
P06396	Gelsolin	0.183	4	8.98	2	3.44
P09341	Growth-regulated alpha protein	0.114	27	19.9	2	6.30
P50990	T-complex protein 1 subunit theta	0.1	5	6.48	2	3.36
P48444	Coatomer subunit delta	0.1	5	5.89	2	3.58
O43707	Alpha-actinin-4	0.1	10	55.51	7	5.17
P78371-1	T-complex protein 1 subunit beta	0.01	6	9.48	2	5.23
P48643	T-complex protein 1 subunit epsilon	0.01	9	8.44	2	4.64
P16401	Histone H1.5	0.01	15	16.84	3	5.36
P13010	X-ray repair cross-complementing protein 5	0.01	3	5.05	2	3.81
P09211	Glutathione S-transferase P	0.01	19	9.6	2	5.73
P02765	Alpha-2-HS-glycoprotein	0.01	5	6.72	2	4.29
O75369-8	Isoform 8 of Filamin-B	0.01	2	24.4	4	6.66

Supplementary Table 3. Peptide sequences for quantitative analysis of 14-3-3 proteins

Protein accession number	Description	Peptide sequence	m/z	Fragment ion
P31946	14-3-3 beta	MTMDKSELVQKAKLAEQAERYDDMAAAMKAVTEQG HELNEERNLLSVAYKNVVGARRSSWRVISSIEQKTERN EKKQQMGKEYREKIEAELQDICNDVLELLDKYLIPNAT QPESKVFYFLKMKGDYFRYLSEVASGDNKQTTVSNSQQ AYQEAFAEISKKEMQPTHPIRLGLALNFSVFYYEILNSPEK ACSLAKTAFDEAIAELDTLNEESYKDSTLIMQLLRDNL TLWTSENQGDAGEGEN	720.7	769.3
P27348	14-3-3 theta	MEKTELIQKAKLAEQAERYDDMATCMKAVTEQGAELS NEERNLLSVAYKNVVGRRSAWRVISSIEQKTDTSDDK LQLIKDYREKVESELRSICTTVLELLDKYLIANATNPES KVFYFLKMKGDYFRYLAEVACGDDRKQTIDNSQGAYQE AFDISKKEMQPTHPIRLGLALNFSVFYYEILNPELACTL AKTAFDEAIAELDTLNEDSYKDSTLIMQLLRDNLTLWTS DSAGEECDAAEGAEN	696.4	596.5
P63104	14-3-3 zeta/delta	MDKNELVQKAKLAEQAERYDDMAACMKS VTEQGAEL SNEERNLLSVAYKNVVGARRSSWRVSSIEQKTEGAEK KQQMAREYREKIE TELRDICNDVLSLLEKFLIPNASQAE SKVFYFLKMKGDYRYLAEVAAGDDKKGIVDQSQQAY QEAFAEISKKEMQPTHPIRLGLALNFSVFYYEILNSPEKAC SLAKTAFDEAIAELDTLSEESYKDSTLIMQLLRDNLTLW TSDTQGDEAEAGEGEN	710	596
P61981	14-3-3 gamma	MVDREQLVQKARLAEQAERYDDMAAAMKNVTELNEP LSNEERNLLSVAYKNVVGARRSSWRVISSIEQKTSADGN EKKIEMVRA YREKIEKELEAVCQDVLSLLDNYLIKNCSE TQYESKVFYFLKMKGDYRYLAEVATGEKRATVVESE KAYSEAHEISKEHMQPTHPIRLGLALNYSVFYYEIQNAP EQACHLAKTAFDDAIAELDTLNEDSYKDSTLIMQLLRD NLTLWTSDQQDDGGEGNN	711	755
P62258-1	14-3-3 epsilon	MDDREDLVYQAKLAEQAERYDEMVESMKKVAGMDV ELTVEERNLLSVAYKNVIGARRASWRISSIEQKEENKG GEDKLMIREYRQMVETELKLICCDILDVLDKHLIPAA NTGESKVFYYKMKGDYHRYLAEFATGNDRKEAAENSL VDIAYKAASDIAMTELPPTHPIRLGLALNFSVFYYEILNS PDRACRLAKAAFDDAIAELDTLSEESYKDSTLIMQLLRD NLTLWTSDMQGDGE EQNKEALQDVEDENQ	739	626
Q04917	14-3-3 eta	MGDREQLLQRRARLAEQAERYDDMASAMKAVTELNEPL SNEDRNLLSVAYKNVVGARRSSWRVISSIEQKTMADGN EKKLEKVKAYREKIEKELETVCNVLSLLDKFLIKNCN DFQYESKVFYFLKMKGDYRYLAEVASGEKKNSVVEAS EAAYKEAFEISKEQMPTHPIRLGLALNFSVFYYEIQNA PEQAQLLAKQAFDDAIAELDTLNEDSYKDSTLIMQLLRD NLTLWTSDQQDEEAGEGN	874	1176.5

Supplementary Table 4. UHPLC-LTQ-Orbitrap Verlos Pro system: Gradient condition

Time (min)	Mobile A%		Mobile B%		Flow rate (mL/min)
	0.1% formic acid in H ₂ O		0.1% formic acid in ACN		
0	100		0		0.25
15	40		60		0.25
17	0		100		0.25
20	0		100		0.25
21	100		0		0.25
40	100		0		0.25

Peptide standard	Product ion m/z	Fragment ion	Collision energy	Retention time (min)	LOD	LOQ	Range	Linearity
14-3-3 Zeta DICNDVLSLEK	710	595	35	23.24	22.6 ng/mL	68 ng/mL	15 – 125 ng	0.995
		1030						
		1190						